# TOUCHWOOD EDITIONS FALL 2023



### Food & Drink / Cooking September 2023 • \$40.00 9781771514132 • hardcover, paper over board 7.5" × 9.5", 240 pages, full colour Acken's home: Salt Spring Island, BC Louvet's home: Salt Spring Island, BC

Louvet's home: Salt Spring Island, BC TouchWood Editions RIGHTS HELD: World, all languages AVAILABLE VIA UTP: Yes Ebook also available

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# Let's Eat

Recipes for Kids Who Cook

DL Acken Aurelia Louvet

A colourful, comprehensive cookbook that introduces beginning chefs (ages 9+) to basic kitchen techniques, and guides them from easy snacks through to show-stopping feasts.

If the young gourmands on *MasterChef Junior* are anything to go by, lots of kids are eager to get into the kitchen. So why wait until they're off at college facing the (gross) communal microwave in their residence lounge? Seasoned cookbook author Danielle Acken, food stylist Aurelia Louvet, and their six proteges (age 7 to 17) are here to help. *Let's Eat* brings together kitchen basics, tools, terminology, and 60+ recipes with loads of variations to suit a range of tastes.

The book opens with a chapter of recipes to build basic techniques—making eggs, rice, pasta, salad dressing, mashed potatoes, bread, and roast chicken (what? Yes, really)—that will set kids up for culinary success, before branching into breakfasts, fresh snacks and sides, hot main courses, and desserts. Learn to make hits like:

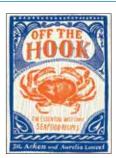
- Sticky Soda Pop Ribs
- Spaghetti Bolognese
- Falafel Veggie Burgers
- Deviled Eggs
- Pulled Chicken Tacos
- Sweet Potato Curry
- Teriyaki Baked Salmon
- Oven Baked Doughnuts

Following this fun, choose-your-own-adventure style primer, with its bold, colourful photography, kids will soon advance from quick afterschool snacks and summer picnics to breakfasts in bed and full-course family dinners (with dessert, of course).

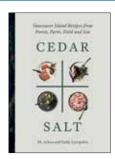
Danielle (DL) Acken is the co-author of *Off the Hook*, *Cedar and Salt*, and *A Rising Tide* (Appetite). She is a Canadianborn international food writer and photographer who splits her time between London, UK and her farm studio on Canada's beautiful Salt Spring Island. See her work at dlacken.com.

Aurelia Louvet is the co-author of *Off the Hook* and a dedicated home cook and food stylist based on Canada's gorgeous Salt Spring Island. Having lived and eaten around the world, Aurelia is known for her evocative style that combines modern North American sensibility and classic European beauty. Visit her at aurelialouvet.com.

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**Off the Hook** 9781771512763, \$22.00



Cedar and Salt 9781771512947, \$45.00



Everyone's Welcome 9781771512732, \$40.00

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... one-dish wonders to feed a crowd.

### SCONES

Scones are quick and easy to whip up and can be made in a gazillion different flaver combinations. Cold unsaited butter is the key to lots of fluffy, light layers. Keep a stick or two in your freezer so that you always have some on hand.

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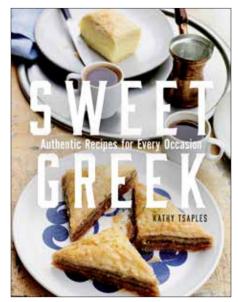
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Food & Drink / Cooking September 2023 • \$45.00 9781771514156 • hardcover, paper over board 8" × 10.5", 248 pages, full colour Author's home: Melbourne, Australia TouchWood Editions RIGHTS HELD: North America, English AVAILABLE VIA UTP: Yes Ebook also available

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## Sweet Greek

Authentic Recipes for Every Occasion

Kathy Tsaples

## A collection of 90+ traditional Greek recipes that will help you master classic favourites like spanakopita and baclava, and add dozens of new treats to your repertoire.

"Kathy has literally cooked up the holy book of Greek food! With mouthwatering recipes, stunning photographs and historical tidbits, Sweet Greek takes you on a personal journey of family, nourishment and love. This cookbook is a must for all kitchens the world over." —Christos Sourligas, bestselling author of My Big Fat Greek Cookbook

Kathy Tsaples's parents arrived in Australia as part of the early-1950s wave of immigrants from Greece and their household in Melbourne became a regular gathering place for the Greek families in their neighbourhood, nourished by Kathy's mother's cooking. Fast forward a few decades and following a battle with cancer that caused her to re-evaluate her life's purpose, Kathy began to focus on the Hellenic cuisine handed down to her. She opened a shop and soon began collecting her family's recipes into a book to share with home cooks.

Stock your kitchen with Mediterranean staples like olive oil, lemon, olives, feta, rosemary, eggplant, spinach, tomato, peppers, dried beans, fish, and lamb and let Kathy teach you to make:

- Eggplant Dip
- Slow Roasted Okra Casserole
- Chargrilled Octopus
- Koulourakia
- Fig Spoon Sweet
- · and so many more!

Organized around feasts from the Greek Orthodox calendar as well as national holidays, the book also has a chapter dedicated to winter meals and another all about sweets. With 90+ wholesome, highly flavourful recipes adapted for the North American kitchen, accompanied by rustic photography and family ephemera, *Sweet Greek* will help you master familiar Greek favourites like moussaka, tzatziki, spanakopita, dolmades, and baclava, and add dozens of new treats to your repertoire.

The daughter of Greek migrants **Kathy Tsaples** grew up in the Melbourne suburb of Richmond. In 2012 she opened her stall, Sweet Greek, at the Prahran Market, selling baked goods and prepared meals. Since then she has authored two cookbooks, *Sweet Greek* and *Sweet Greek Life*, and has been awarded the HACCI Award for business excellence. She has also appeared as a guest chef on the programs *My Market Kitchen* and *Everyday Gourmet*.

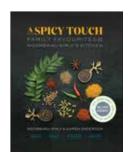
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Milk, Spice and Curry Leaves 9781771513296, \$35.00



A Spicy Touch 9781771513333, \$40.00



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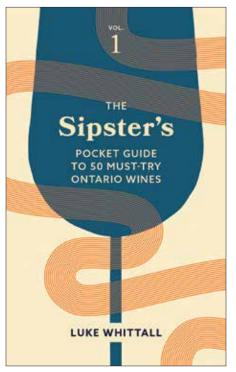
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Local Interest (ON) / Wine October 2023 • \$20.00 9781771514217 • softcover with flaps

4.25" × 7", 152 pages, full colour Author's home: Okanagan Falls, BC & Toronto, ON TouchWood Editions RIGHTS HELD: World, all languages AVAILABLE VIA UTP: Yes Ebook also available

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## The Sipster's Pocket Guide to 50 Must-Try Ontario Wines: Volume 1

Luke Whittall

## A practical, decidedly un-stuffy guide to 50 of the best Ontario wines under \$50 a bottle.

"The most original wine book you will read this year. Luke Whittall's iconoclastic tasting notes offer a new and thoroughly refreshing way to approach wines." — John Schreiner, Canada's most prolific wine writer

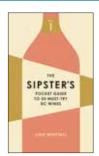
In this handy portable guide to the top 50 Ontario wines under \$50 a bottle, wine expert and educator Luke Whittall abandons the usual language of tasting notes in favour of a more personalized, approachable style, focusing on experiences, good company, and where a wine might take your thoughts.

As a wine industry professional, Whittall has often found himself inspired more by the way non-professionals talk about wine than the "hints of fresh cherries, dried herbs, and soupçons of eucalyptus" style typical of traditional wine writing. *Sipster's Pocket Guide* describes the experiences bound up in the tasting of 50 of the most amazing wines this province has produced, including reds, whites, rosés, sparkling, and dessert wines.

With offbeat pairings that leapfrog from Frank Sinatra to truffle brie, digital detox to charcuterie, and an index of attitudes that lets you choose a wine based on your mood (be it cottage country or campus house party, accessible or argumentative) it's anything but stuffy. Before you head to the liquor store to deliberate over your next sip, take a glance through *Sipster's*.

Luke Whittall has worked in cellars, vineyards, and wine shops since 2005 and is currently a wine instructor at Okanagan College. His previous books include his series of *Sipster's Pocket Wine Guides, Valleys of Wine: A Taste of British Columbia's Wine History*, and *The Okanagan Wine Tour Guide* (co-authored with John Schreiner). He splits his time between Toronto, Ontario, and Okanagan Falls, BC.

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**The Okanagan Wine Tour Guide** 9781771513944, \$25.00





### **Queenston Mile Vineyard Pinot Noir**

Body: Medium Sweetness: Dry Attitude: Complex Pair with: Truffle perogies, grilled sausages, cold winter nights

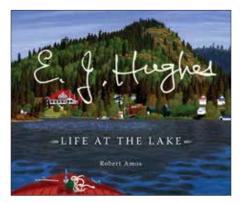
Like an older sibling who knows jujitsu, this wine will kick your ass, but in a familial way that makes sure you will not be harmed, at least not seriously. It's a Pinot Noir that knows it's a Pinot Noir. It also knows exactly how good it is.

The aromas are the first sign of that greatness. There are a lot of them. They will jump out of the glass and boop you in the nose. They'll keep you guessing with each sniff in the glass. Sniff. Boop. Repeat and feel the love.

When you finally do take a sip, you will get hit with a set of complex flavours that will take second for your brain to reconcile. Along with the flavours, this wine has texture and lots of it. It is velvety smooth and with tannins that keep everything together, like a great drummer in a band. That drummer can keep everything on track, keeping that beat going strong, and have the audience bouncing along with them all through the song. It's what they do. It's what this wine does. It's going to rule the groove.

*Especially if that drummer knows jujitsu and is someone's older sibling.* 

-Excerpted from The Sipster's Pocket Guide to 50 Must-Try Ontario Wines: Volume 1



Art / Biography & Autobiography September 2023 • \$25.00 9781771514194 • hardcover, paper over board 9.5" × 8", 120 pages, full colour Author's home: Victoria, BC TouchWood Editions RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

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## E. J. Hughes: Life at the Lake

### Robert Amos

## The latest instalment in the award-winning series on the life and work of *E.J.* Hughes brings the reader into this very private artist's home and studio on Shawnigan Lake.

"In Life at the Lake, biographer Robert Amos has shown Canadians that Emily Carr was not the only painting superstar from BC. E. J. Hughes deserves to stand with the giants." —Roy MacGregor OC, journalist and author of 50+ books

In the most intimate volume yet about prolific Canadian painter E. J. Hughes, the artist's official biographer Robert Amos brings us *Life at the Lake*, capturing the years Hughes and his wife Fern spent at their home on Shawnigan Lake, Vancouver Island.

Following Hughes's service as a war artist, in 1946 he and Fern looked for a place to buy in Victoria. Then, in 1951, they spotted an ad for a property on Shawnigan Lake, about 40 kilometres north of the city. The quiet lakeside existence he and Fern established suited his temperament and artistic needs perfectly. In addition to reproductions of all of his Shawnigan-themed oils and watercolours, the book includes dozens of sketches, colour notes, local news clippings, letters, and illuminating excerpts from recorded interviews with Pat Salmon, Hughes's longtime friend and assistant.

With a keen appreciation for the quotidian, Amos captures lakeside life at Shawnigan, with Hughes's observations on birds and trees, and trips to local shops and restaurants. He tells of an unusually snowy winter that slowed the delivery of finished paintings to the post office and, on a more sombre note, the gradual progression of Fern's muscular dystrophy. The book shares insights into the relationships—with Fern, Pat, and agent Max Stern—that allowed Hughes to achieve great success as an artist while living a quiet existence at Shawnigan Lake.

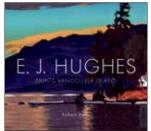
For the Hughes fan and anyone who enjoys learning about the everyday lives of artists, this latest addition to the Hughes pictorial canon is a must.

**Robert Amos** has published eleven books on art—including four bestselling volumes on the life and work of beloved Canadian artist E. J. Hughes—and was the arts columnist for Victoria's *Times Colonist* newspaper for more than thirty years. Amos was elected to the Royal Canadian Academy of Arts in 1995 and is an Honorary Citizen of Victoria. He lives in Oak Bay, British Columbia, with his wife, artist Sarah Amos.

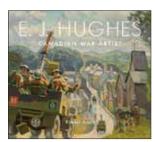
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**The E. J. Hughes Book of Boats** 9781771513364, \$22.00



E. J. Hughes Paints Vancouver Island 9781771512558, \$35.00



**E. J. Hughes: Canadian War Artist** 9781771513852, \$35.00



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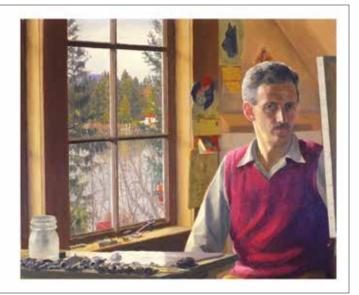
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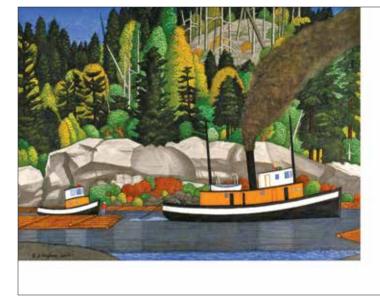
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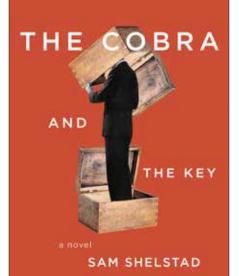
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### Fiction / Humour September 2023 • \$22.00 9781990071126 • softcover

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## The Cobra and the Key

A Novel

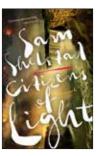
Sam Shelstad

Sam Shelstad's brilliantly funny, slightly unhinged creative writing guide is How Fiction Works by James Wood meets Pale Fire by Vladimir Nabokov.

To the untrained eye, Sam may look a lot like a Value Village cashier who shares an apartment with his Uncle Herman and has just emerged from a failed relationship with a woman forty years his senior whom he met at his mother's book club. But Sam is a successful novelist—or will be soon, he's certain. The manuscript of his debut novel, *The Emerald*, is currently on the desk of a celebrated indie publisher. While he waits to hear back, he's hard at work on two ambitious writing projects. The first is the Molly novel, a fictional rendering of Sam's newly defunct relationship. The second is a guide for aspiring fiction writers like yourself. The two have much to teach one another, and much to teach you.

Drawing on examples from the work of greats like George Orwell, Henry James, F. Scott Fitzgerald, Alice Munro, Kazuo Ishiguro, Clarise Lispector, and Sam Shelstad, *The Cobra and the Key* takes the novice through aspects of character, detail, plot, style, point of view, dialogue, and meaning. Before long, you'll be ready to print off your first draft and embark on revisions. Then it's time to learn some of the tricks of the publishing biz. Having just been threatened with legal action by his soon-to-be publisher for stalking said publisher's son via Instagram, Sam knows a thing or two about that too. Are you ready to get serious about your writing?

**Sam Shelstad** is the author of the story collection *Cop House* (Nightwood Editions, 2017) and the novel *Citizens of Light*. He is a regular contributor to McSweeney's Internet Tendency and his work has appeared in magazines including *The New Quarterly* and *Joyland*. He was longlisted for the CBC Short Story Prize, a runner up for the Thomas Morton Memorial Prize, and finalist for a National Magazine Award. Shelstad lives in Toronto.

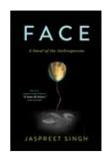


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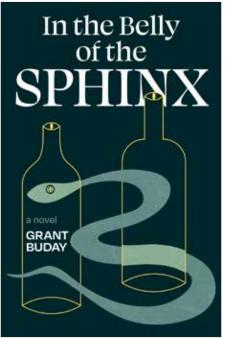




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Drawing inspiration from your life can actually help you work through trauma. I've mentioned that I was recently broken up with by my ex-lover Molly, and that this development has caused me incredible stress. While I do feel that this separation is temporary, and will only bring us closer together in the long run, the feeling of rejection is still painful. I've decided to work through this pain by writing a novel based on my relationship (thus far) with Molly. Our story is actually quite interesting: Molly is significantly older than me and, in fact, a friend of my mother's, which meant we initially had to spend a great deal of effort keeping our companionship a secret. Further, even though Molly's previous relationship was basically non-existent in any practical sense by the time we met, she was technically married to another man. Revisiting and re-evaluating all of this drama from the comfort of my writing desk has been an effective way to temper my heartache and sort through my feelings. Since I'm simultaneously working on this Molly novel as well as the writing guide you are currently reading, I will periodically refer to my progress on the Molly novel throughout the guide, to give you greater insight into my creative process. And who knows, by the time you are reading this writing guide, perhaps my Molly novel will have been completed and published to critical acclaim. Maybe the success of the Molly novel is what drew you to my writing guide, in fact. Maybe The Emerald came out with a small press, won several awards, and caught the attention of various literary agents and editors from large publishing houses, which meant that a bidding war erupted over the rights to my Molly novel. Wouldn't it be interesting to get a behind-thescenes look at the creation of an international best-seller and critical darling, written from the perspective of someone who, at the time of composing this guide, is yet to be discovered as an *important literary talent?* 

-excerpted from The Cobra and the Key



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## In the Belly of the Sphinx

A Novel

Grant Buday

Grant Buday's new novel is an eccentric coming-of-age story that captures the late-Victorian fascination with ancient Egypt, auras, and the afterlife.

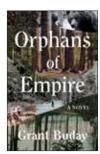
Smart, stubborn, and forthright Pearl Greyland-Smith is nine years old when we first meet her, in 1882. She lives with her widowed mother, Florence, in Victoria's James Bay neighbourhood. Pearl's father was a Hussar who died in Afghanistan, or that's what Florence has always told Pearl. But when an Irish woman named Cassidy arrives at their door and addresses Florence as Sinead, Pearl begins to realize she may not know very much about her origins at all.

An avid reader with a rich inner life, as Pearl grows up she nonetheless confronts the scarcity of choices available to women. Yet while lacking in certain amenities, Pearl and Florence's days are anything but dull, populated by characters easily at home in a Dickens novel: the earnest and enigmatic amateur scientist Charles Gloster, their bawdy, theosophist housemaid Carpy, inspector Osmo Beattie, and imperialist newspaper columnist Harry Hearne. Then a fateful encounter at a solstice fête throws Pearl's whole future into question.

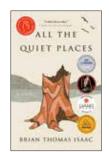
This delightful coming-of-age story, imbued with the Victorian fascination for auras and the afterlife, will appeal to readers of Patrick DeWitt and Eleanor Catton. Once again Grant Buday has turned distant West Coast history upside down and created a vivid world intimately relevant to us today.

Grant Buday is the author of the novels Dragonflies, White Lung, Sack of Teeth, Rootbound, The Delusionist, Atomic Road and Orphans of Empire, the memoir Stranger on a Strange Island, and the travel memoir Golden Goa. His novels have twice been nominated for the City of Vancouver book prize. His articles and essays have been published in Canadian magazines, and his short fiction has appeared in The Journey Prize Anthology and Best Canadian Short Stories. He lives on Mayne Island, British Columbia.

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Pearl was delighted, for not only were Mother and Mr. Gloster keeping company, but she herself had new clothes and a gala at which to display them. She and her mother had spent the entire week finding the right fabric for the right dress of the appropriate style. They'd gone to the Palace, the Gown and Glory, the Victorian Woman. They'd paged through catalogues and it soon became clear that her mother's concept of what was appropriate differed dramatically from Pearl's. What Florence rated elegant Pearl called frumpy, and what Florence called beautiful Pearl called a sack. All the while the clerks looked on with wry indulgence, familiar with such scenes even as they tried to placate them both, smiling first at the daughter and then at the mother. Pearl said, "This business across the front sags like a fruit picker's apron stuffed with apples. And does it have to be charcoal?" "There is burgundy," offered the clerk.

Pearl pointed to a different one, all cream and gold, causing her mother to wince and state that it would draw attention. "You want a calm and quiet elegance," she said, "not to be mistaken for a giant canary."

"What about the red?"

*"I don't see that resembling a woodpecker is any better." "Perhaps I should go in purdah?"* 

They compromised on a colour the clerk called Siena Sandstone in September, a golden tan with a black bib and cuffs, a slim side stripe also of black, grey velvet buttons, with a not altogether unbecoming drape that put Pearl in mind of ripples upon a pond at sunset.

"Satisfied?" "I need a hat."

-Excerpted from In the Belly of the Sphinx: A Novel