



#### Cooking / Baking

TouchWood Editions • April 2017 8 x 10, 320 pages, full colour throughout 978-1-77151-204-6 • hardcover • \$39.95 Also available in electronic formats Author's home: Saskatoon, SK, Canada RIGHTS: World, all languages BISAC:

COOKING / Methods / Baking
COOKING / Courses & Dishes / Desserts
COOKING / Courses & Dishes / Cakes

#### MARKETING & PROMO

- Advance endorsements from Julie Van Rosendaal, blogger at DinnerwithJulie.com, Erin Scott, author of Yummy Supper, and Aimée Wimbush-Bourque, author of Brown Eggs & Jam Jars
- Confirmed coverage on food blogs: Dinner with Julie; Simples Bites; Family Feedbag; Seven Spoons; Family Bites; Kitchen Magpie; Eat, Live, Travel, Write; Eating Niagara; Eat North; and the Food Bloggers of Canada
- Confirmed coverage in the Saskatoon StarPhoenix, Culinaire Magazine, Western Producer Magazine
- Features and reviews targeting Canadian Living, National Post, Globe and Mail, HuffPost Food, Vancouver Sun
- Promotion on Renée's blog and social media: sweetsugarbean.com, Instagram (@sweetsugarbean), Twitter (@sweetsugarbean\_), Facebook (/Sweetsugarbean), Pinterest (sweetsugarbean)
- Online promotion and publicity via TouchWood Instagram, Facebook, Twitter, and paid ads
- · Digital sample pages available

# **ALL THE SWEET THINGS**

Baked Goods and Stories from the Kitchen of SweetSugarbean

#### Renée Kohlman

More than 100 recipes for desserts and baked goods from the kitchen of trained pastry chef Renée Kohlman, endorsed by the *National Post* as one of Canada's top food bloggers.

All the Sweet Things is full of delectable recipes for muffins, cookies, cakes, pies, custards, pastries, truffles, ice cream, and more. Reinvent last night's dessert for this morning's breakfast, whip up your very first pie, and wow your colleagues, friends, and family during the holidays by gifting them with impressive treats. With wit and warmth doled out in equal measure, Renée acknowledges that baking can be intimidating, but assures you that whether you're a beginner baker or a seasoned pro, each recipe is doable and delicious.

Offering a list of pantry essentials and useful tools and equipment, a photograph to accompany every recipe, variations for gluten-free bakers, and essays written in Kohlman's signature style, this ravishing new cookbook will pull you into the kitchen to bake, then back to the couch to curl up and read.

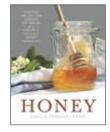
**Renée Kohlman** was named one of Canada's best food bloggers by the *National Post* for her blog SweetSugarbean. A graduate of NAIT's Culinary Arts program, she is the food columnist for the *Saskatoon StarPhoenix* and *Culinaire*, and a pastry chef in Saskatoon, Saskatchewan.



**Out of the Orchard** 978-1-77151-132-2, \$29.95 pb

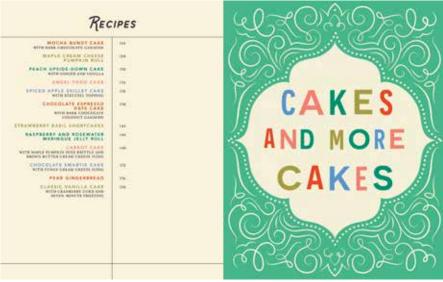


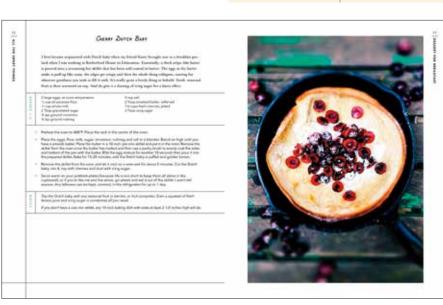
The Olive Oil & Vinegar Lover's Cookbook 978-1-77151-135-3, \$37.50 hc



**Honey** 978-1-77151-108-7, \$26.95 pb

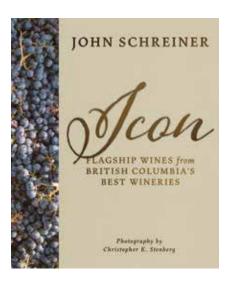












#### Cooking & Wine

TouchWood Editions • May 2017
7.5 x 9, 320 pages, full colour throughout
978-1-77151-207-7 • hardcover (paper over board) •

Also available in electronic formats Author's home: Vancouver, BC, Canada RIGHTS: World, all languages RISAC:

COOKING / Beverages / Wine & Spirits
ANTIQUES & COLLECTIBLES / Wine
TRAVEL / Canada / Western Provinces (AB, BC)

#### MARKETING & PROMO

- Features and reviews targeting The World of Fine Wine, Wine Advocate, Wine Spectator, Wine Tourist Magazine, and Palate Press, Air Canada magazine, BC Liquor Store magazine, Vancouver Sun, Western Living
- Radio interviews with Terry David Mulligan, Anthony Gismondi, CBC's North by Northwest and CBC's Radio West
- Promotion on John's well-known blog, John Schreiner on Wine
- Online promotion and publicity via TouchWood Instagram, Facebook, Twitter, and paid ads
- · Digital sample pages available

#### ICON

Flagship Wines from British Columbia's Best Wineries

John Schreiner
Photography by Christopher K. Stenberg

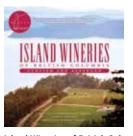
A gift-worthy collection of tasting notes and collector's information on British Columbia's highest-calibre wines, written by Canada's most authoritative and prolific wine writer.

British Columbia has a such an array of high-calibre winemakers that John Schreiner has compiled a book showcasing the icon wines from BC's best wineries. An icon wine is the very best wine that a producer can make, and the prestige of an icon wine cascades across a winery's entire portfolio.

For each wine profiled, readers will learn the behind-the-scenes story of the winery and winemaker, as well as the history, provenance, and inspiration behind each wine. The most recent vintage is listed, along with detailed tasting notes for as many vintages as are available, information on number of cases produced, percentages of varietals in the case of blends, and even the clone number of particular varietals.

The essential guide for any collector of BC wine, this book is also the culmination of research that illuminates John Schreiner's passion and unique contribution to BC's wine region.

The bestselling author of 15 books, **John Schreiner** is Canada's most respected and prolific wine writer. He is a celebrated member of both national and regional wine communities across Canada, and has judged in wine competitions in North America and abroad. He lives in Vancouver.



**Island Wineries of British Columbia** 978-1-92712-997-5, \$29.95 pb



**150 Years of Canadian Beer Labels** 978-1-77151-192-6, \$29.95 hc



**Beer Quest West** 978-1-92674-116-1, \$14.95 pb



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#### Cooking & Wine

TouchWood Editions • May 2017
6.5 x 8, 168 pages, full colour throughout
978-1-77151-225-1 • hardcover • \$21.95
Also available in electronic formats
Author's home: Victoria, BC, Canada
Photographer's home: Salt Spring Island, BC, Canada
RIGHTS: World, all languages
BISAC:

COOKING / Specific Ingredients / Herbs, Spices, Condiments COOKING / Regional & Ethnic / Italian

#### MARKETING & PROMO

- Promotion on Emily's blog and social media:
   OlivetheSenses.com, ThisTable.com, Facebook
   (/OlivetheSenses) Twitter (@OlivetheSenses) and
   Instagram (www.instagram.com/olivethesenses)
- Online promotion and publicity via TouchWood Instagram, Facebook, Twitter
- Direct email campaign to all of the accounts who ordered our previous title: The Olive Oil & Vinegar Lover's Cookbook.
- · Digital sample pages available

# ITALY FOR OLIVE OIL & VINEGAR LOVERS

Emily Lycopolus
Photography by DL Acken

The first in a new series of cookbooks that shows you how to use the remarkable flavours of specialty extra virgin olive oils and balsamic vinegars in your everyday cooking.

With just two specialty infused olive oils—Blood Orange and Tuscan Herb—and two balsamic vinegars—Fig Dark Balsamic and Sicilian Lemon White Balsamic—you can produce all 50 of the classic Italian recipes featured in *Italy for Olive Oil & Vinegar Lovers*.

This gorgeous full-colour book includes recipes for appetizers, soup and salad, pasta, mains, and sweets, and also offers five full menus for planning a pitch-perfect dinner party. You'll find all your favourite classic rustic Italian dishes here, including bruschetta, panzanella salad, cioppino, polenta, fresh pasta, meatballs, biscotti, panna cotta, and many more—all accompanied by stunning photography.

**Emily Lycopolus** is the owner of Olive the Senses (olivethesenses.com), a luxury olive oil and vinegar tasting room and shop that sources the finest fresh, ultra-premium olive oils and aged balsamic vinegars from all over the world. She is also the founder of This Table (thistable.com), an online food community that finds and sources the best artisanal food products. She lives in Victoria, British Columbia, with her husband, Steve, and their pug, Cedrik.

**Danielle (DL) Acken** is a Canadian-born international food photographer who splits her time between London, UK, and her farm studio on Canada's beautiful Salt Spring Island. Danielle is a self-proclaimed compulsive traveller, and her photography is inspired by the multitude of palettes and moods found throughout her wanderings. See her work at dlacken.com.



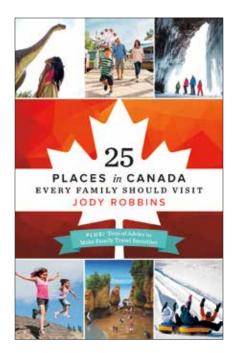
The Olive Oil & Vinegar Lover's Cookbook 978-1-77151-135-3, \$37.50 hc











#### Travel

TouchWood Editions • May 2017 5.5 x 8.5, 320 pages, full colour throughout 978-1-77151-201-5 • paperback • \$24.95 Also available in electronic formats Author's home: Calgary, AB, Canada RIGHTS: World, all languages RISAC:

TRAVEL / Canada / General
TRAVEL / Special Interest / Family
TRAVEL / Special Interest / General

#### MARKETING & PROMO

- Features targeting Readers Digest, Today's Parent, West Jet Magazine, Canadian Living to tie in with Canada's 150th birthday celebrations in 2017
- Interviews on television programs such as Breakfast Television, Global News, CTV News, Canada AM, and The Social
- Reviews, features and excerpts targeting national and regional newspapers across Canada such as the Globe and Mail, National Post, Toronto Star, Montreal Gazette, Winnipeg Free Press, Vancouver Sun
- Promotion on Jody's blog and social media: TravelswithBaggage.com, Facebook (/TravelsWithBaggage) Twitter (Jody\_Robbins), Instagram (@travelswbaggage)
- Online promotion and publicity via TouchWood Instagram, Facebook, Twitter, and paid ads
- · Digital sample pages available

# 25 PLACES IN CANADA EVERY FAMILY SHOULD VISIT

**Jody Robbins** 

Canada's 150th birthday is the perfect opportunity to start exploring this country with your kids while finally experiencing the spectacular Canadian destinations you've been dreaming about.

Planning a family getaway can be overwhelming, but award-winning freelance travel writer and blogger Jody Robbins puts you on the right path with savvy suggestions for families who are keen to explore Canada with their little loved ones. With the insight and enthusiasm of a trustworthy, well-travelled friend, Robbins lays out 25 of the top destinations for families, and provides detailed information on the most enjoyable activities, sites, and attractions. From child-friendly family hikes in the wilderness to exciting and affordable urban adventures, you'll create memories of a lifetime as you visit destinations that welcome families with kids of all ages. Be inspired on where to go, learn what to bring, and hit the road!

Born in Fredericton, New Brunswick, **Jody Robbins** grew up in Alberta and now calls Calgary home. She has taught English in Japan, travelled overland from Beijing to London, worked in Europe as a marketing executive and lived in London with her family, and spends as much time as she can travelling. She is currently the editor of the travel blog TravelswithBaggage.com, and is a contributor to publications such as the *Globe and Mail*, *Today's Parent*, *WestJet Magazine*, the *Calgary Herald*, *PostMedia News*, *MSN Travel*, Vacay.ca, SavvyMom.com and others.



**Time to Take Flight** 978-1-77151-162-9, \$16.95 pb







#### Victoria, British Columbia

Canada's Garden City

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of bulbs in blooms in the spring. The handers/fred currenel baside the Children's Favilian in an alded bosses. With an afternoon bee experience that raises to children, plus mother two restaurants on sits, families on and their slogs; for an hospily speed the restire day in this botasical paradise.

If you don't speed the whole day at the Patchest Gordens, you'll find Victoria Butterfly Gordens plot minutes over; This tresupil shoot preach mistoria has higher and beneathful blooms, and is home to many rescued tropical animals, including familings, bortoless, and even poison data frogs. The big draw, of curarie, is the thousands of Pre-Spinghouter files. Don't be supplied if they file pou so much they decide to land on join!

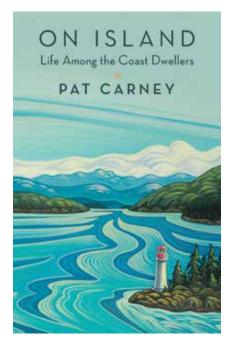
A 15- minute drive from flowndown will bring you in the charm-ing riting or Ook hay for a field-back day away from the insertion. Check out the indispendent shops that thee, including an excellent they show on the indispendent shops that thee, including an excellent they show on the conductance.

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#### Fiction

TouchWood Editions • April 2017 5.5 x 8.5, 304 pages 978-1-77151-210-7 • paperback with flaps • \$21.95 Also available in electronic formats Author's home: Saturna Island, BC, Canada RIGHTS: World, all languages BISAC:

FICTION / Short Stories (single author)
FICTION / General
FICTION / Small Town & Rural

#### MARKETING & PROMO

- Interview on CBC's *The Next Chapter* with Shelagh Rogers and *On the Island* with Gregor Craigie
- Excerpts to appear in Victoria's *Times Colonist* and the *Vancouver Province*
- Reviews and features targeting the Globe and Mail, National Post and the Vancouver Sun
- Online promotion and publicity via TouchWood Instagram, Facebook, Twitter
- Paid advertisements in BC BookWorld
- · Digital ARCs available

## **ON ISLAND**

Life Among the Coast Dwellers

**Pat Carney** 

A collection of stories chronicling the characters and dramas that capture life in small coastal communities.

In this collection of short stories, Pat Carney follows the rhythms of day-to-day life in coastal BC. Featuring a revolving cast of characters—the newly retired couple, the church warden, the musician, the small-town girl with big-city dreams—Carney's keen observations of the personalities and dramas of coastal life are instantly recognizable to readers who are familiar with life in a small community. With her narrative of dock fights, pet shows, family feuds, logging camps, and the ever-present tension between islanders and property-owning "off-islanders," Carney's witty and perceptive voice describes how the islanders weather the storms of coastal life.

Carney writes evocatively of the magical landscape of the British Columbia coast, where she has lived and worked for five decades. At the same time, she addresses the less idyllic moments that can also characterize coastal life: power outages, winter storms, isolation. *On Island* brings the West Coast landscape—human and natural—to life, and gives islanders and mainland dwellers alike a taste of what it means to be "on island."

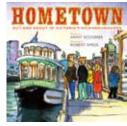
**Pat Carney** is a journalist, educator, and politician, having served as a former Member of Parliament, cabinet minister, and senator. She was awarded the Order of Canada for her leadership role in these fields. Carney is the author of *Trade Secrets: A Memoir* (Key Porter) and other works. She lives on Saturna Island in BC's Gulf Islands.



**True Home** 978-1-92674-109-3, \$19.95 pb

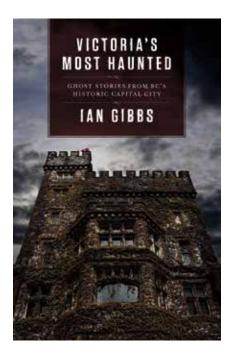


**Home and Away** 978-1-89489-849-2, \$19.95 pb



Home Town 978-1-77151-000-4. \$19.95 pb





#### **Ghost Stories**

TouchWood Editions • April 2017 5.25 x 8, 208 pages, 35 + black and white photos 978-1-77151-213-8 • paperback • \$19.95 Also available in electronic formats Author's home: Victoria, BC, Canada RIGHTS: World, all languages BISAC:

BODY, MIND & SPIRIT / Supernatural BODY, MIND & SPIRIT / Unexplained Phenomena BODY, MIND & SPIRIT / Afterlife & Reincarnation

#### MARKETING & PROMO

- Excerpt in the Victoria Times Colonist
- Features and reviews in local newspapers and magazines such as Focus, Oak Bay News, Y.A.M. Magazine, Monday Magazine, Tweed Magazine
- Radio interview with CBC's On Island with Gregor Craigie and CFAX
- Promotion on lan's blog and social media: GhostStoryGuy.com, Facebook (/GhostStoryGuy), Twitter (@GhostStoryGuy)
- Online promotion and publicity via TouchWood Instagram, Facebook, Twitter
- · Paid advertisements in BC BookWorld

## **VICTORIA'S MOST HAUNTED**

30 Ghost Stories from BC's Historic Capital City Ian Gibbs

Ghost stories from BC's most haunted city, including tales from iconic sites such as the Empress hotel, Hatley Castle, and Ross Bay Cemetery.

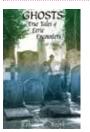
Beautiful, charming Victoria is world renowned for its seaside attractions, flourishing gardens, and breathtaking ocean views. But looming behind its picture-perfect façade is a city shrouded in mystery, with restless, disembodied beings that whisper ghastly tales of mystery, violence, and horror.

Known as British Columbia's most haunted city, Victoria is teeming with a plethora of spirits. Through this brand-new collection of disturbing tales, you'll come face to face with:

- · the Grey Lady who chills hotel guests to the bone
- a decorated World War I soldier who protects tenants from something sinister
- an inconsolable child who haunts the pool area of a defunct hotel
- the blood-soaked spectre who runs through the infamous Fan Tan Alley to escape capture
- the ghost of Robert Johnson, who perpetually re-enacts his own suicide
- · and many more

Get to know Victoria's best-known hauntings along with some you may have not have heard about before.

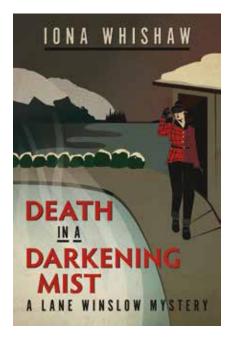
lan Gibbs was born in the United Kingdom and emigrated to Canada when he was young. As such, he carries with him the Celtic beliefs and gifts of his heritage, and has always been fascinated by storytelling, ghosts, and hauntings. He lived in several city centres across the country before settling in Victoria—arguably one of the most haunted places in Canada—where he acts as a guide for Victoria's popular Ghostly Walks walking tours. Find out more at GhostStoryGuy.com.



**Ghosts: True Tales of Eerie Encounters** 978-1-89489-845-4, \$17.95 pb



**Spirits of the West** 978-1-77151-039-4, \$19.95 pb



#### Mystery

TouchWood Editions • April 2017 5 x 7.5, 256 pages 978-1-77151-171-1 • paperback • \$15.95 Also available in electronic formats Author's home: Vancouver, BC, Canada RIGHTS: World, all languages BISAC:

FICTION / Mystery & Detective / Historical FICTION / Mystery & Detective / Women Sleuths

#### MARKETING & PROMO

- Features and reviews targeting National Post, Globe and Mail, Canadian Mystery Reviews, Deadly Diversions, Kirkus Reviews, Library Journal, Publishers Weekly, Booklist, Foreword Reviews
- · Mystery blog outreach campaign
- Guest post on Strand Magazine blog and advertising in print magazine
- Online promotion and publicity via TouchWood Instagram, Facebook, Twitter, and paid ads
- · Digital ARCs available

# DEATH IN A DARKENING MIST

A Lane Winslow Mystery

#### Iona Whishaw

"Iona Whishaw is an exciting addition to Canada's fine roster of mystery writers. I'm already planning to read [A Killer in King's Cove] again, and this time I'll read the teaser for Whishaw's next novel provided at the end. A debut mystery by an author destined for awards."

-Don Graves, Canadian Mystery Reviews.com

The second instalment in the Lane Winslow mystery series; for fans of the Maisie Dobbs and Bess Crawford series.

On a snowy day in December 1946, Lane Winslow—a former British intelligence agent who's escaped to the rural Canadian community of King's Cove in pursuit of a tranquil life—is introduced to the local hot springs. While there she overhears nearby patrons speaking Russian. When one of those patrons is found dead in the change room, Lane's linguistic and intelligence experience is of immeasurable value to the local police force in solving the murder.

The investigation points to the Soviet Union, where Stalin's purges are eliminating enemies, and the reach of Stalin's agent snakes all the way into a harmless Doukhobor community. Winslow's complicated relationship with the local police inspector, Darling, is intensified by the perils of the case—and by the discovery of her own father's death during the war.

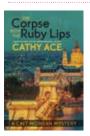
The case comes to a frantic and shocking end with a perilous nighttime journey along treacherous snow-covered roads.

**lona Wishaw** is a former educator and social worker whose mother and grandfather both worked as wartime spies. She lives in Vancouver, British Columbia, with her husband. Find out more at ionawhishaw.com.

#### IN THE SAME SERIES



**A Killer in King's Cove** 978-1-77151-198-8, \$16.95 pb

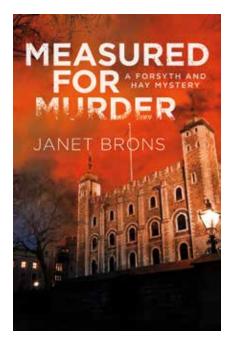


The Corpse with the Ruby Lips 978-1-77151-195-7, \$14.95 pb



**The Corpse with the Garnet Face** 978-1-77151-165-0, \$14.95 pb





#### Mystery

TouchWood Editions • April 2017 5.5 x 8, 192 pages 978-1-77151-222-0 • paperback • \$14.95 Also available in electronic formats Author's home: Sidney, BC, Canada RIGHTS: World, all languages BISAC:

FICTION / Mystery & Detective / General
FICTION / Mystery & Detective /
International Mystery & Crime
FICTION / Mystery & Detective / Women Sleuths

#### MARKETING & PROMO

- Features and reviews targeting National Post, Globe and Mail, Canadian Mystery Reviews, Deadly Diversions, Kirkus Reviews, Library Journal, Publishers Weekly, Booklist, Foreword Reviews
- Mystery blog outreach campaign
- Guest post on *Strand Magazine* blog and advertising in print magazine
- Online promotion and publicity via TouchWood Instagram, Facebook, Twitter, and paid ads
- · Digital ARCs available

## MEASURED FOR MURDER

A Forsyth and Hays Mystery

**Janet Brons** 

The third instalment in the Arthur Ellis award-nominated Forsyth and Hay mystery series.

Detective Chief Inspector Stephen Hay of Scotland Yard believes he is dealing with a serial killer. Two young female victims bearing a superficial resemblance to each other are found asphyxiated and posed, with indecipherable writing on their right hips. A hostel caretaker, a journalist and his photographer, a bariatric specialist, the Canadian High Commission in London, and a psychic all have roles to play in the ongoing investigations—and are unsettled at the thought that the killer is already seeking his next victim.

Meanwhile, Inspector Liz Forsyth of the Royal Canadian Mounted Police and DCI Hay had plans to meet again, unofficially this time, but their anticipated trip to Paris was scotched by the killings on Hay's patch. To the surprise of both of them, Forsyth learns that she is to be sent for a three-week training course at the Bramshill Police Academy outside London.

In this jarring third novel in the Forsyth and Hay series, Janet Brons explores the murder and mayhem inflicted on the women who just might be *Measured for Murder*.

Before taking to crime writing, **Janet Brons** worked as a foreign affairs consultant following a 17-year career in the Canadian foreign service, with postings in Kuala Lumpur, Warsaw, and Moscow. She holds an MA in political science and international relations, and now lives in Sidney, British Columbia.

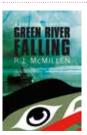
#### IN THE SAME SERIES



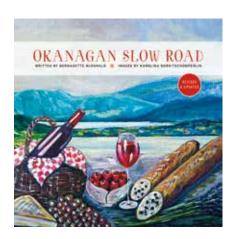
A Quiet Kill 978-1-77151-060-8. \$14.95 pb



Not a Clue 978-1-77151-147-6. \$14.95 pb



Green River Falling 978-1-77151-168-1, \$14,95 pb



#### Food / Travel

TouchWood Editions • May 2017
5.5 x 8, 192 pages, full colour throughout
978-1-77151-216-9 • paperback • \$29.95
Also available in electronic formats
Author's home: Banff, AB, Canada
Photographer's home: Naramata, BC, Canada
RIGHTS: World, all languages
BISAC:

TRAVEL / Canada / General
TRAVEL / Canada / Western Provinces (AB, BC)
TRAVEL / Special Interest / General

#### MARKETING & PROMO

- Reviews and features targeting Savour Magazine, Food & Wine Trails, WestJet Magazine, Western Living, Wetstworld, Vancouver Sun, Tomato, Calgary Sun, Edmonton Journal, as well as Castanet.com, and other Okanagan-based news sources
- CBC radio interviews with North by Northwest, Radio Active, Alberta @ Noon, All Points West, Radio West, BC Almanac
- Online promotion and publicity via TouchWood Instagram, Facebook, Twitter, and paid ads
- Digital sample pages available

#### OKANAGAN SLOW ROAD

**Revised and Updated Edition** 

Written by Bernadette McDonald Images by Karolina Born-Tschümperlin

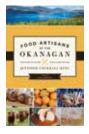
A book that invites you to slow down and explore the Okanagan Valley from a local's point of view.

Generously offering a compilation of the Okanagan Valley's best food, drink, and recreation spots, *Okanagan Slow Road* reveals treasured local culinary secrets: crusty double-baked bread from rural bakeries, lavender-infused pepper from hillside farms, and dark red cherries from bountiful orchards. And, of course, the world-renowned wines—after all, what would delicious local food be without famous vintages from the unique Okanagan terroir?

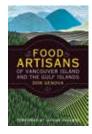
First published in 2014, this completely updated edition of *Okanagan Slow Road* includes a list of the many wineries worth visiting as well as a list of the area's farmers' markets.

Bernadette McDonald is the author of ten books on mountaineering and mountain culture, for which she has received numerous mountain writing awards, including Italy's ITAS Prize (2010), and India's Kekoo Naoroji Award for mountain literature (2008 and 2009). She was born in Saskatchewan but has lived in the mountains her entire adult life, and happily splits her time between Alberta and the Okanagan.

Karolina Born-Tschümperlin was born in Lucerne, Switzerland, and moved to Canada in 1995. With her husband, Doug, and her dog, Augie, she owns a small lavender farm in Naramata, BC. In her spare time, she paints and plays various instruments with her band, Slapdog Four plus Joe. Her paintings and images beautifully illustrate *Okanagan Slow Road*. Please visit karolinaborn.com.



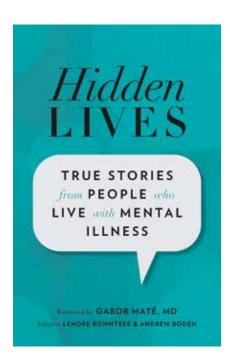
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# HIDDEN LIVES

True Stories from People Who Live with Mental Illness

**Edited by Lenore Rowntree and Andrew Boden** Foreword by Gabor Maté, MD

A revised and updated edition of a collection of personal essays that illuminate what life is like for those who live with mental illness, and how it impacts their family members.

More than four million Canadians suffer from a diagnosable mental illness, and yet there is still considerable stigma and a great deal of misunderstanding surrounding even the most common diagnoses—schizophrenia, bipolar disorder, autism, obsessive-compulsive disorder, clinical depression, post-traumatic stress disorder, and dissociative identity disorder.

Raw, honest, and painful, these essays communicate disappointment and despair, but also courage and compassion. They offer a lifeline for sufferers and support for their friends and family, and promote new and improved attitudes toward those with mental illness.

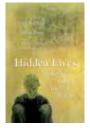
With a foreword by respected physician, bestselling author, and renowned speaker Dr. Gabor Maté, Hidden Lives gives readers a place to turn, and provides a platform to share their struggle.

Lenore Rowntree's writing has appeared in several Canadian literary journals, and her poetry was included in the anthology Best Canadian Poetry 2010. She was shortlisted for a CBC Literary Award in 2009 for an essay written about her sister's childhood schizophrenia.

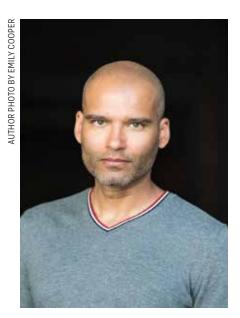
Andrew Boden's articles on mental illness have appeared in Open Minds Quarterly and Other Voices. His short story "Confluence of Spoors" was published in the 2010 Journey Prize anthology. He writes about his brother's schizophrenia.

Dr. Gabor Maté is a bestselling author and renowned speaker who presented a TEDx talk in Rio. For years he worked closely with patients challenged by hard core drug addiction, mental illness, and HIV, and is now a co-founder of Compassion for Addiction, a new non-profit organization.

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Threading artfully through three generations of an Indian family, *An Extraordinary Destiny* crafts an intricate narrative that reveals, in layers, how decades-old grief rooted in the trauma of history, and couched in familial duty and custom, threatens to sever the sacred connection between ancestors and descendants.

**Shekhar Paleja** graduated from the University of Calgary with his BFA in Theatre, and has many film and theatre credits to his name. A resident of Vancouver, he has also published two children's books, *Native Americans: A Visual Exploration* and *Power Up! An Extraordinary Destiny* is his debut novel.



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Carl graduates and embarks on a wildly successful career in the NHL, but he soon finds himself in the brain trauma unit after sustaining concussions on the ice. He and Sonja are once again drawn together, eventually hurtling toward a tragedy that neither of them can outmanoeuvre.

Skating swiftly between tenderness and tension, *Sonja & Carl* is a surprising and heartrending love story that exposes the dark side of professional hockey.

**Suzanne Hillier** is a former schoolteacher and retired lawyer who loves to cook for her family, cheer on the Toronto Blue Jays, and spoil her many grandchildren. Since retiring from her law firm, which she established in the 1970s, she has succumbed to her first love: writing.



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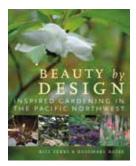
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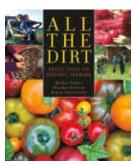
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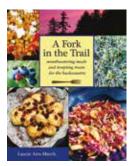
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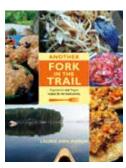
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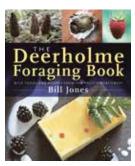
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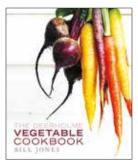
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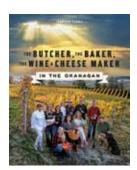
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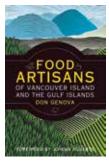
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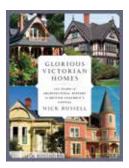
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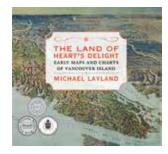
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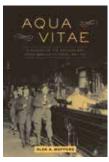
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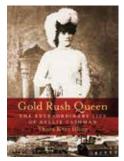
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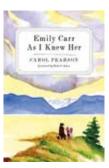
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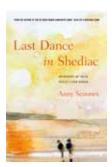
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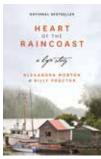
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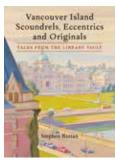
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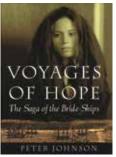
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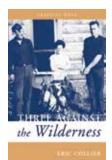
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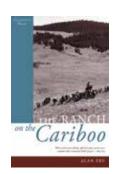
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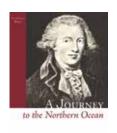
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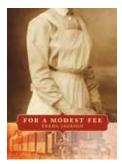
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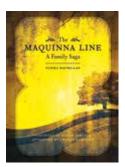
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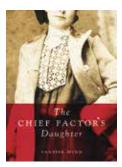
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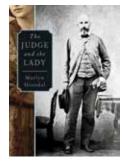
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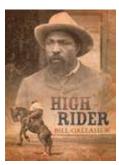
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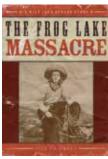
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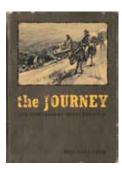
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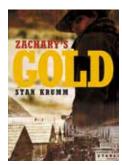
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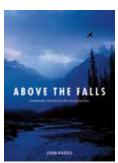
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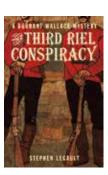
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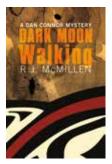
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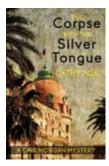
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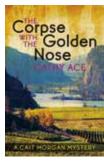
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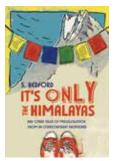




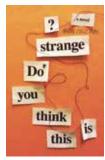
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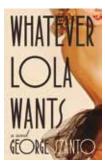
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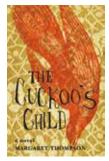
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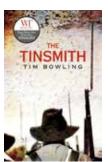
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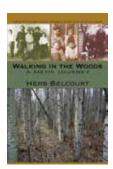
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