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TOUCHWOOD  
EDITIONS  
SPRING 2019

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## FROM THE PUBLISHER'S DESK

Have you heard the phrase “knock on wood?” The British version is “touch wood,” which describes a simple gesture meant to seek blessings and luck, akin to crossing your fingers. Here at TouchWood, we like to think our readers receive a little blessing every time they touch the pages of one of our books.

TouchWood Editions is an independent book publisher powered by a small team of creatives who share a big love of eating and drinking, exploring the region, and diving into stories that expand and deepen our worldview. In collaboration with our fabulous authors, we create beautiful books on topics that ignite our passion: food and wine, regional history, art and photography, gardening and pets, house and home, and quality literary fiction titles.

2018 was an exciting year for us. In May, *On Island* by Pat Carney won the Bill Duthie Booksellers' Choice Award at the BC Book Prizes, and in October, *All the Sweet Things* by Renée Kohlman won Gold at the Taste Canada awards. Our brand identity got an upgrade, and just as the autumn leaves began to turn, we revealed our refreshed look and logo on our new website.

2019 marks our 35th year in business, and we are so pleased to share our forthcoming spring titles with you in this catalogue. Thank you for your continued support!

*Taryn Boyd*  
Publisher

# Everyone's Welcome

THE ART OF LIVING AND EATING  
ALLERGEN-FREE

AMANDA ORLANDO

If you're allergic to any of the "big eight"—peanuts, tree nuts, dairy, eggs, soy, wheat, fish, shellfish—*Everyone's Welcome* is for you.

Adults with serious food allergies and dietary restrictions feel the social and emotional impact on a daily basis. Author Amanda Orlando shares simple, delicious, allergen-free recipes and hard-won, first-hand wisdom so you can enjoy eating, socializing, and travelling with ease.

Most of the recipes in *Everyone's Welcome* are free from all eight allergens, with the rest offering alternatives to suit your allergy. You'll know at a glance whether the recipe is coconut-free, gluten-free, vegetarian or vegan, while enjoying valuable features such as:

- a comprehensive list of ingredient substitutes
- tips on how to avoid cross-contamination
- a list of allergen-free fridge staples
- advice on entertaining, eating out, and travelling
- recipes for snacks to go and sugar-free foods.

Including strategies to alleviate allergy anxiety, *Everyone's Welcome* is also an essential resource for friends and family.

AMANDA ORLANDO is the creator of EverydayAllergenFree.com, which she started to inspire confidence in people who live with life-threatening food allergies and dietary restrictions. Her writing has appeared in the Huffington Post, and she is the author of *Allergen-Free Desserts to Delight Your Taste Buds* (Skyhorse, 2015). She lives in Toronto, ON, Canada.



MAY 7, 2019

\$40 CDN / \$30 US

Cooking

Hardcover | 8 × 11 | 192 pages

ISBN: 978-1-77151-273-2

ALSO AVAILABLE:

*All the Sweet Things*

ISBN: 978-1-77151-204-6

\$39.95 CDN/US







### Roasted Fruit with Thyme

*Vegetarian (swap if single orange is used instead of honey)*

**Ingredients:**

- 3-4 peaches, cut in halves
- 1 cup strawberries, stems removed
- 1/2 cup raspberries
- 1/2 cup blueberries
- 2 tbsp organic honey
- 1/2 tsp cinnamon
- 1/2 tsp pure vanilla extract
- Lemon or 1-2 sprigs fresh thyme
- Pinch of salt

**Instructions:**

Preheat the oven to 375°F and line a baking sheet with parchment paper.

Spread the peaches and berries out on the baking sheet. In a small bowl, mix the honey, cinnamon, vanilla, thyme, and salt. Drizzle the honey mixture evenly over the fruit. Bake for 30 minutes until the fruit is caramelized, cooling down, and very fragrant. Let's eat. Pass well with your favorite allergy-friendly ice cream.

**SERVES 8**

P N D E W S F S C

178

# The Olive Oil & Vinegar Lovers Cookbook

UPDATED AND REVISED EDITION

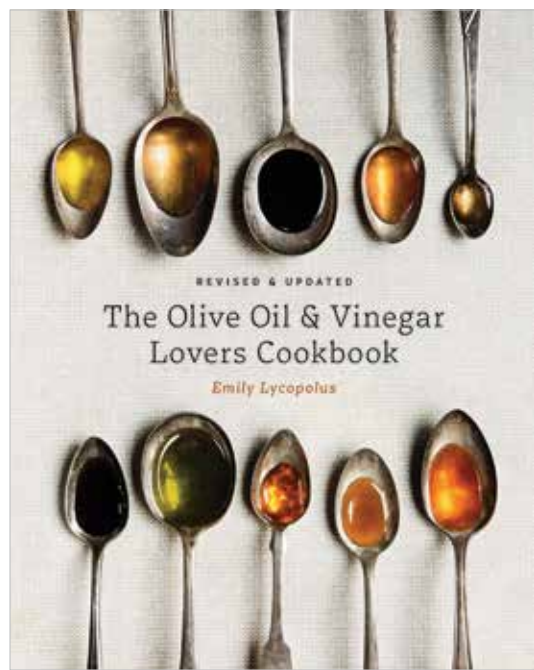
**EMILY LYCOPOLUS**

**The brand-new, updated edition of the best-selling, tantalizing, and inspiring *Olive Oil & Vinegar Lovers Cookbook* will help you take any dish from ordinary to thrilling.**

The vibrant flavours of fresh extra-virgin olive oil, infused and fused olive oils, and flavoured white and balsamic vinegars can really elevate your fare—but how, exactly, do we use them? Learn how to use products like Rosemary infused olive oil, Blood Orange fused olive oil, Apricot white balsamic, and more in your everyday cooking and baking by diving into this easy-to-use, gorgeously photographed book.

Discover recipes that use 50 of the most popular and widely available specialty olive oil and vinegar products that enhance appetizers, salads, soups, main dishes, baked goods, and desserts. Expand your culinary repertoire by learning the basics of flavour pairing. With sections on ways to experiment with baking, marinades, salad dressings, brines, and even cocktails, this book offers an abundance of ideas on how to use your favourite specialty olive oil and vinegar products.

**EMILY LYCOPOLUS** is a recipe developer, the author of five olive oil-focused cookbooks, a level-two olive oil sommelier, and the co-founder of eatcreative.ca, a food-driven creative content agency. Her family owns an olive grove in central Italy, where her love of olive oil was born. She lives in Victoria, bc, Canada.



**MAY 21, 2019**

\$45 CDN / \$35 US

Cooking

Hardcover | 8 x 10 | 368 pages

ISBN: 978-1-77151-302-9

ALSO AVAILABLE:

***Recipes for Olive Oil & Vinegar Lovers (Boxed Set)***

ISBN: 978-1-77151-291-6

\$88 CDN / \$72 US







# Island Craft

YOUR GUIDE TO THE BREWERIES OF  
VANCOUVER ISLAND

**JON C. STOTT**

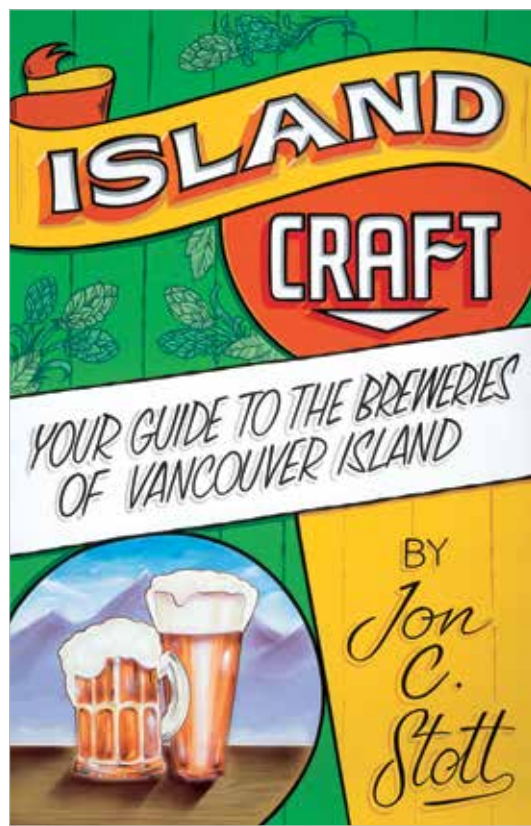
**A timely exploration of the vibrant  
and growing craft brewery scene on  
Vancouver Island.**

Hopheads, rejoice! Take the ultimate beer-lover's road trip from Victoria, BC's craft beer capital, to Tofino and Campbell River, visiting craft breweries and brewpubs in between. Your guide? Jon Stott, born and bred in Victoria—and beer enthusiast extraordinaire.

In 1961, Vancouver Island had just one brewery. In 2018, Stott visited thirty-three breweries on the island—and three more breweries were slated to open within the year. For each brewery or brewpub, Stott shares well-researched backstories, examines the relationships between breweries and the communities in which they operate, profiles owners and brewers, and shares tasting notes for many of the beers offered.

Beginning at Spinnakers, Canada's oldest and longest-operating brewpub, the book culminates at Beach Fire Brewing and Nosh House in Campbell River and includes a directory of Vancouver Island's Breweries and brewpubs, a glossary of brewing terms, and a guide to different styles of beer.

**JON C. STOTT** is a retired professor and the author of more than twenty books, including *Beer 101 North: Craft Breweries and Brewpubs of the Washington and Oregon Coasts*, and *Beer Quest West*. He lives in Albuquerque, NM, but frequently visits his hometown, Victoria, BC, Canada.



**MAY 7, 2019**

\$45 CDN / \$35 US

Cooking – Wine & Beer

Paperback | 5.5 × 8.5 | 288 pages

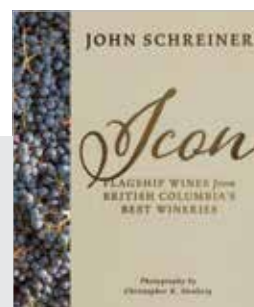
ISBN: 978-1-77151-292-3

ALSO AVAILABLE:

**Icon**

ISBN: 978-1-77151-207-7

\$39.95 CDN / US



# Island Home

OUT AND ABOUT ON VANCOUVER ISLAND

**ANNY SCOONES**

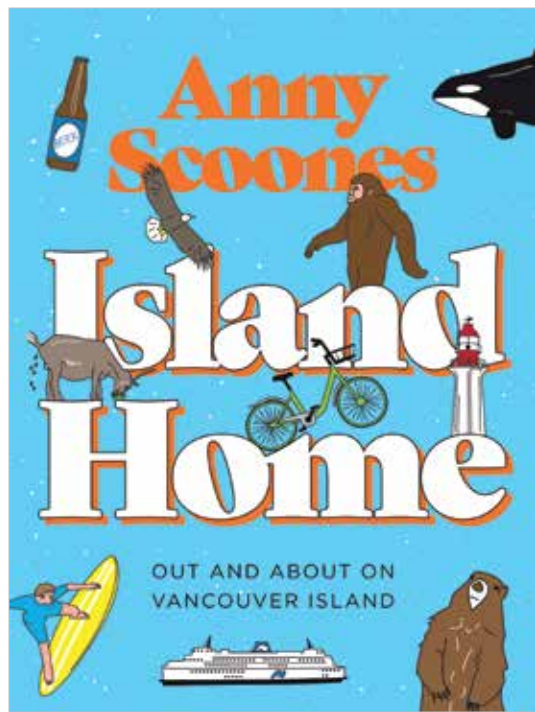
A collection of thoughtful, humorous essays about Vancouver Island's unique charms, by the convivial storyteller Anny Scoones.

Vancouver Island and the Gulf Islands are celebrated for their ineffable charisma, laid-back pace, and unmistakable ambience. Anny Scoones travels the length of Vancouver Island to explore the nooks and crannies of coastal communities, inland towns, and iconic places, sharing observations, musings, and tidbits about the region's fascinating and layered history.

Through Anny's words, take an Island road trip to the chainsaw-carving festival in Campbell River. See the giant gnome just north of NanOOSE Bay. Meet the affable crowd at the Foggy Mountain Fall Fair in Cumberland. Discover extraordinary locations and the people who make this part of the world so magnetic. Indulge in "little thinks" inspired by the area's distinct characteristics and personalities.

Whether you're a Lycra-clad cyclist climbing the hills of Mayne Island, a locavore besotted with "sexy" apples on Salt Spring Island, or someone longing to visit BC's west coast for the first time, these candid essays and quirky illustrations will connect you to places, people, and ponderings that remind us all of what makes anywhere feel like home.

**ANNY SCOONES** is the author of *Home and Away*, *True Home*, *Hometown*, *Last Dance in Shediac*, and *Island Home*. She lives in the historic neighbourhood of James Bay in Victoria, BC, Canada.



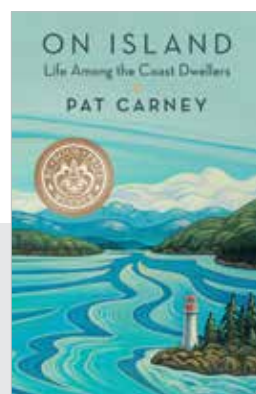
**APRIL 23, 2019**

\$20 CDN / US

Humour / Local Interest (BC)

Paperback | 6 x 8 | 240 pages

ISBN: 978-1-77151-258-9



ALSO AVAILABLE:

***On Island***

ISBN: 978-1-77151-210-7

\$21.95 CDN / US



# A Year on the Wild Side

A WEST COAST NATURALIST'S ALMANAC

**BRIONY PENN**

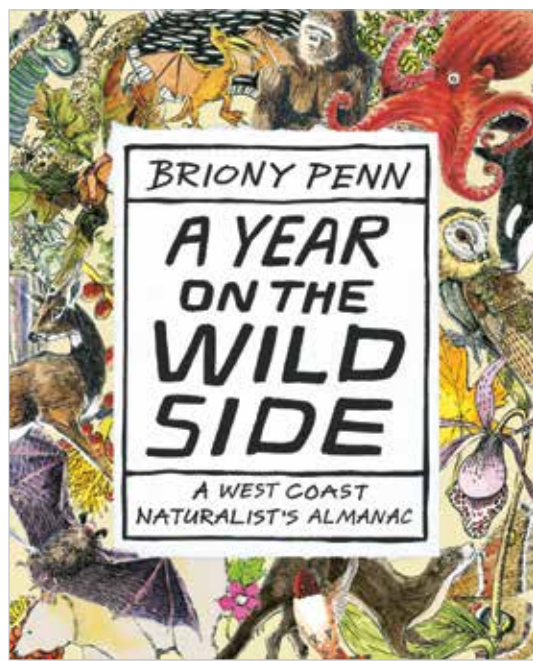
**A freshly designed, new edition of a funny weekly chronicle that offers a year-long, intimate view of the flora and fauna populating the West Coast.**

*A Year on the Wild Side* is witty commentary on the social and natural history of Vancouver Island. Composed of essays arranged in monthly chapters, this engaging book reveals the magic and humour of the natural world and reminds us of our place within it.

As the weeks and seasons unfold with the turning of the pages, you'll be in sync with the living world that surrounds you. Discover what berries are ripe and the best time to pick them. Learn why the termites swarm, where the herring spawn, and when the maple leaves fall. Get up close and personal with fascinating creatures like the snowy owl, the giant Pacific octopus, the river otter, and more.

The West Coast is diverse and alive, and *A Year on the Wild Side* invites you to indulge in its unforgettable experiences all year long.

**BRIONY PENN** is a naturalist, writer, educator, and broadcaster well known for her indomitable spirit and tireless devotion to protecting endangered species and sensitive ecosystems in British Columbia. Her book *The Real Thing* won the BC Book Prize. She is the founding member of the Land Conservancy of BC. Visit her at [cowantherealthing.com](http://cowantherealthing.com). She lives on Salt Spring Island, BC, Canada.



**MARCH 19, 2019**

\$26 CDN / US

Nature / Local Interest (BC)

Paperback | 6.5 x 8 | 400 pages

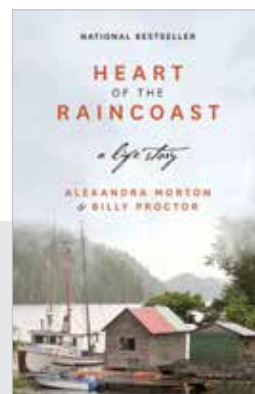
ISBN: 978-1-77151-267-1

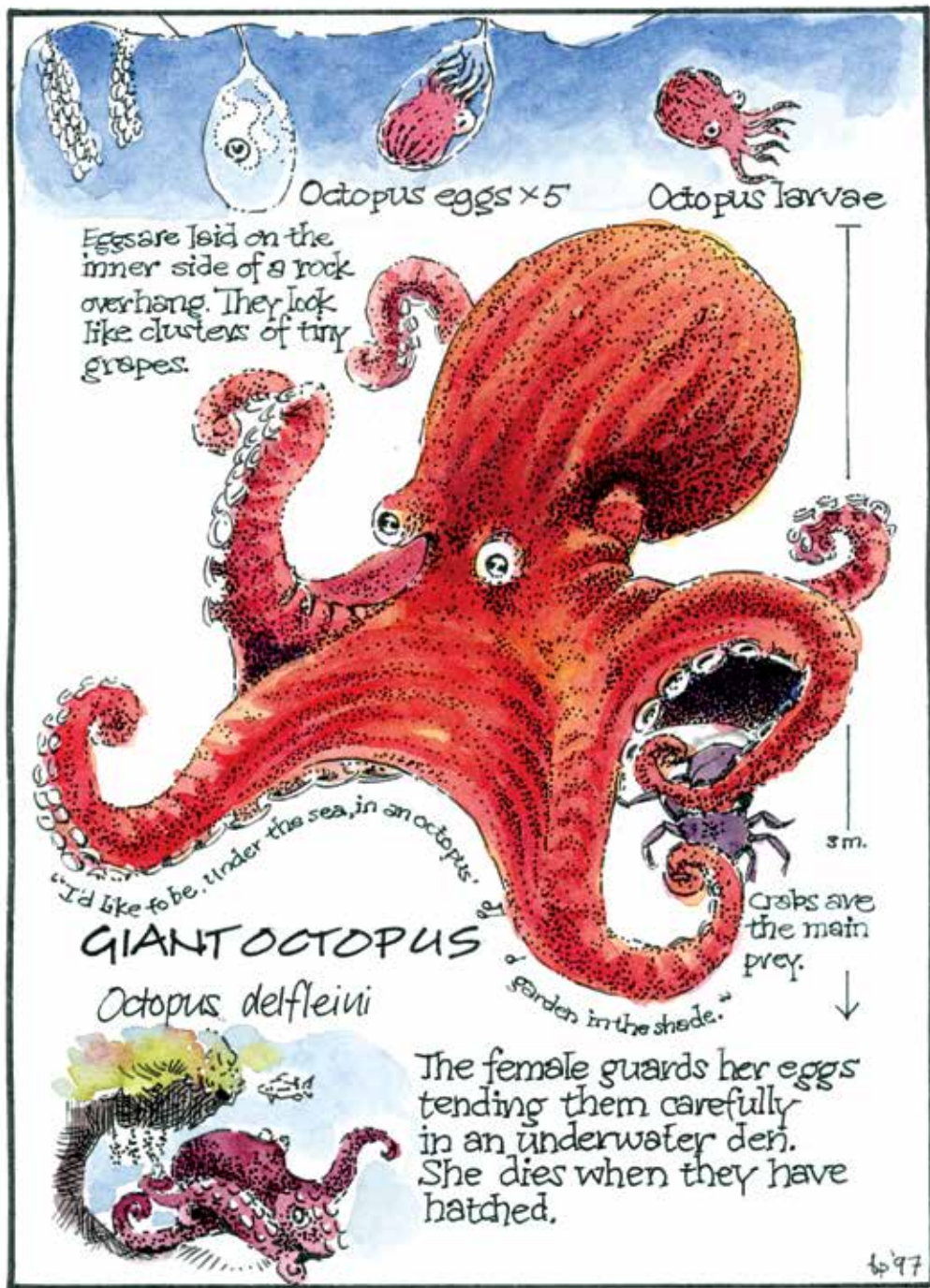
ALSO AVAILABLE:

***Heart of the Raincoast***

978-1-77151-179-7

\$19.95 CDN / US







# Boom and Bust

THE RESILIENT WOMEN OF HISTORIC  
TELEGRAPH COVE

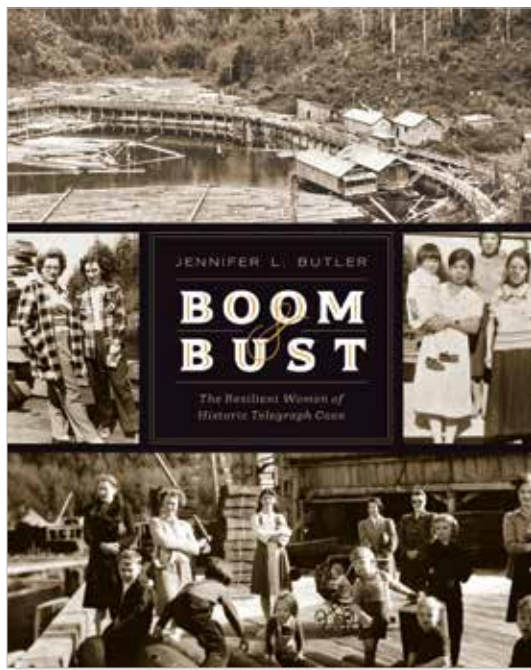
JENNIFER L. BUTLER

A century of life in Telegraph Cove as told by the resourceful and resilient women who turned this isolated coastal village into a tight-knit community.

Telegraph Cove, one of Vancouver Island's most visited tourist destinations, has humble origins as a one-shack telegraph station, established a century ago. The community grew, first with a salmon saltery and sawmill, then with new industries developed by the ingenuity of the Cove's inhabitants. From the 1920s, Irish, Chinese, Japanese, German, Danish, Italian, and English community members, along with other old and new Canadians, were neighbours in a place accessible only by boat.

In this book, more than 25 women tell their own stories and share personal memories of life in the Cove. They withstood the impacts of isolation, hazardous terrain, war, occupation, immigration, internment, social change, economic development, community decline, and environmental degradation—remarkable, given that Telegraph Cove's population peaked at 60. From these lives come stories of resilience, resourcefulness, heartbreak, humour, and triumph. *Boom and Bust* draws the reader close for an intimate view, accompanied by never-before-published archival photographs.

JENNIFER L. BUTLER is the great-granddaughter of Mame and Duke Wastell, who bought and named Telegraph Cove in 1912. She has been a sound engineer, school teacher, swing dancer, theatre buff, caterer, and wordsmith on many platforms, including technical writing for the Canadian academic research community and blogging her travel adventures. She lives in Vancouver, BC, Canada.



JUNE 4, 2019

\$26 CDN / US

History / Local Interest (BC)

Paperback | 8 × 10 | 368 pages

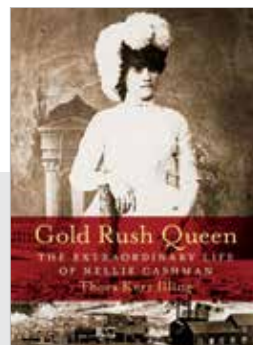
ISBN: 978-1-77151-298-5

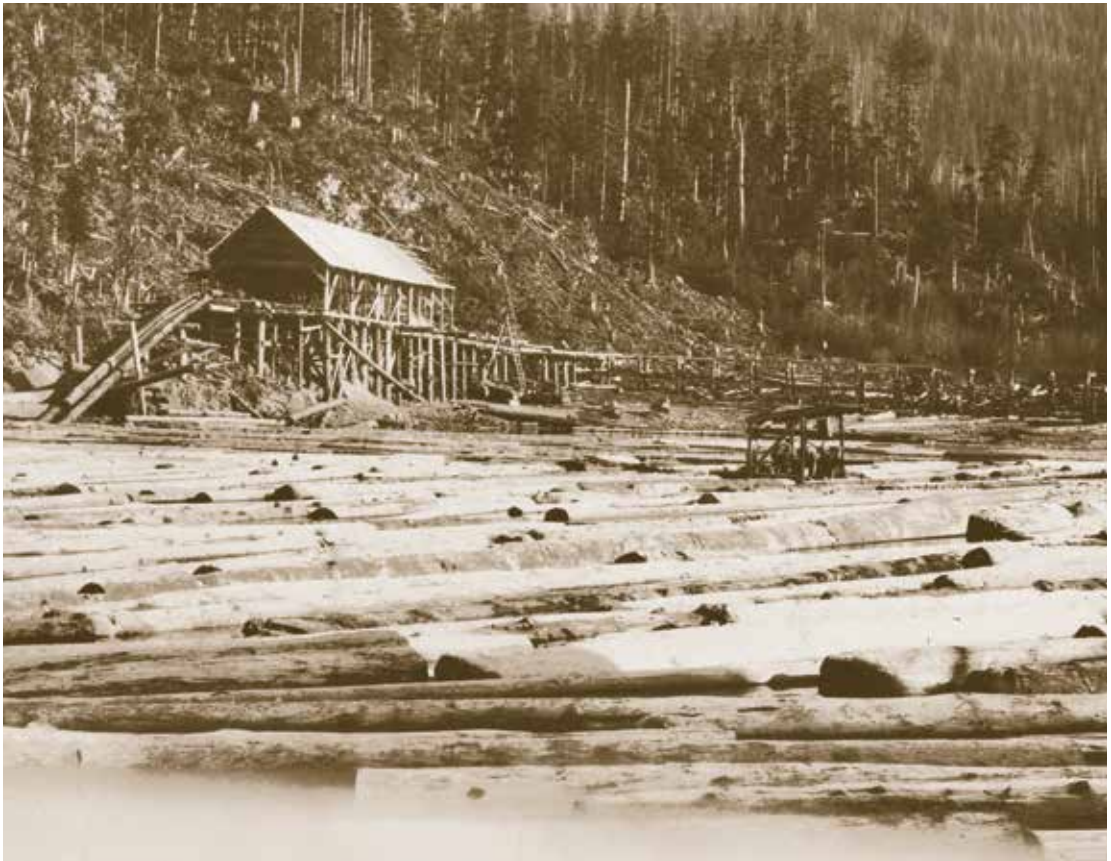
ALSO AVAILABLE:

**Gold Rush Queen**

ISBN: 978-1-77151-159-9

\$18.95 CDN / \$15.95







# Along the E&N

A JOURNEY BACK TO THE HISTORIC  
HOTELS OF VANCOUVER ISLAND

**GLEN A. MOFFORD**

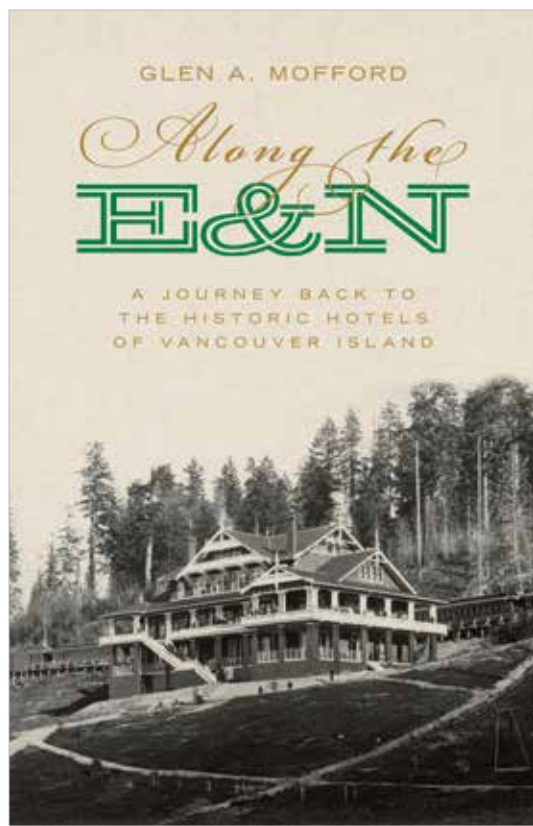
**An exploration of the fascinating history of more than thirty historic hotels—with some still in operation—nestled along Vancouver Island's E&N Railway, spanning from Esquimalt to Campbell River.**

In 1886, Vancouver Island's E&N rail service was established to transport passengers from town to town and to carry coal to smelters and ships. The towns in the railway's path prospered as the tracks expanded and business and passenger travel flourished.

*Along the E&N* celebrates the historic and still-surviving hotels and roadhouses that sprung up near the E&N. Within this carefully researched historical narrative are compelling details on the Halfway House in Esquimalt, the murder and suicide at the Mount Sicker Hotel, and the iconic Quinsam Hotel in Campbell River, which burned down in 2017. Unearth the history of more than thirty hotels—many long gone, destroyed by fire, or simply demolished—such as the Lorne Hotel in Comox. Discover the foundations of establishments remodelled into modern-day neighbourhood pubs, like the Rod & Gun in Parksville and the Waverley Hotel in the Comox Valley.

Peppered with fascinating stories of patrons and proprietors alike, *Along the E&N* resonates with the haunting echoes of the train's whistle.

**GLEN A. MOFFORD**, a historian and writer with a passion for sharing the social history of British Columbia, graduated from Vancouver's Simon Fraser University. He has been writing about BC's historic hotels and their drinking establishments for more than ten years. Follow him on Twitter at @bcpubHistory. He lives in Nanaimo, BC, Canada.



**MAY 7, 2019**

\$22 CDN / US

History / Local Interest (BC)

Paperback | 5.5 × 8.5 | 272 pages

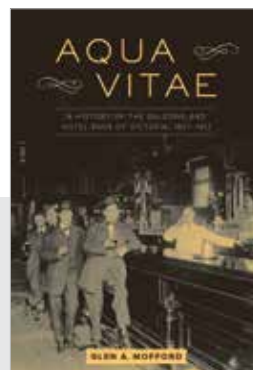
ISBN: 978-1-77151-287-9

ALSO AVAILABLE:

***Aqua Vitae***

ISBN: 978-1-77151-189-6

\$19.95 CDN/US







# A Deceptive Devotion

A LANE WINSLOW MYSTERY (#6)

**IONA WHISHAW**

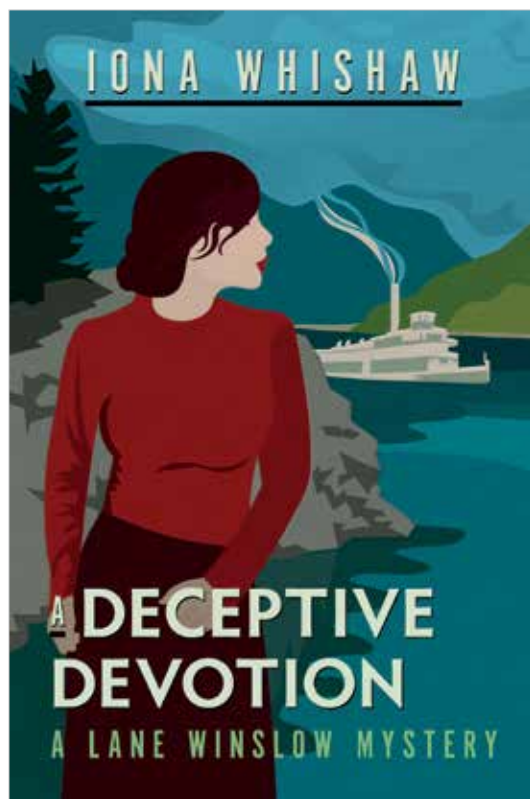
Wedding bells, a grisly murder, and a defecting Russian spy bring drama to King's Cove in the newest Lane Winslow mystery, a series that the *Globe and Mail* calls "terrific."

A wedding is on the horizon for Lane Winslow and Inspector Darling. As one of the few Russian speakers in her community, Lane is obliged to act as translator and hostess for Countess Orlova, an elderly Russian woman who has tracked her missing brother to the Nelson area. Nelson PD investigates, but then the murder of a lone hunter in the hills above King's Cove takes top priority.

Darling works the case with Constable Oxley—a newcomer to the area, assigned in Constable Ames' temporary absence—and a British agent warns Lane to be on the lookout for a fleeing Russian defector. Bound by the Wartime Secrets Act, Lane must keep this information from Darling, and she feels conflicted when her silence creates tension in their relationship.

Fans of Maisie Dobbs and the Kopp Sisters will delight in this rousing adventure of intrigue and espionage.

**IONA WHISHAW** is a former educator and social worker whose mother and grandfather were spies during their respective wars. She lives in Vancouver, BC, Canada, with her husband. Visit her at [ionawhishaw.com](http://ionawhishaw.com).



**APRIL 23, 2019**

\$16.95 CDN / \$14.95 US

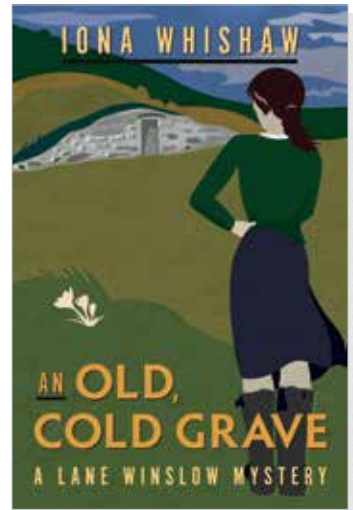
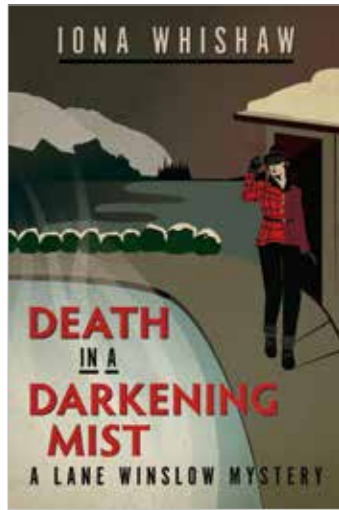
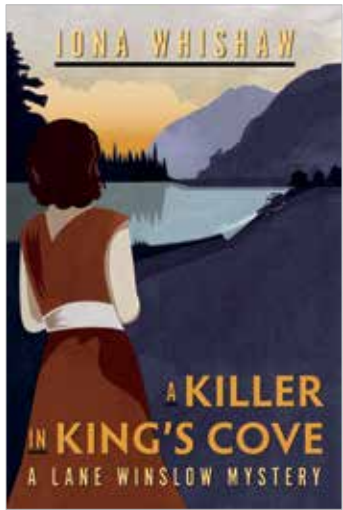
Fiction / Mystery

Paperback | 5 × 7.5 | 368 pages

ISBN: 978-1-77151-300-5

**“The ‘find of the year’**, Iona Whishaw’s Lane Winslow series is a real treat. Set after WWII, Lane has left England for Canada . . . settling in the small village of King’s Cove. With a quaint cast of characters and the feel of Louise Penny’s Three Pines, the independence and quick wit of Kerry Greenwood’s Phryne Fisher and the intelligence of Jacqueline Winspear’s Maisie Dobbs, this mystery series has it all!”

—MURDER BY THE BOOK, HOUSTON, TX







BRINDLE  
AND GLASS

A TOUCHWOOD EDITIONS IMPRINT

# Meteorites

STORIES

**JULIE PAUL**

**A collection of captivating stories that explore family dynamics and frailty, loss and atonement, faith and redemption.**

A young man takes his father to Hawaii, even though he's been dead for months. An organ player won't let her newly amputated arm stand in the way of Sunday duties. A grad student decides to take the fate of a homeless man into his own hands. A couple of criminals, new to rural living, find their idyllic life in jeopardy when nature strikes back. A stepdaughter moves in, a brother goes missing, and twins fall in love with the same girl.

In *Meteorites*, Julie Paul's third collection of short fiction, characters are taken by surprise and must react to and recover from what's entered their lives unbidden. Ghosts, giant animals, artists, imposters—you'll meet them all in these captivating stories of family dynamics and frailty, loss and atonement, faith and redemption.

**JULIE PAUL** is the author of two previous short story collections, *The Jealousy Bone* and *The Pull of the Moon*, and the poetry collection *The Rules of the Kingdom*. *The Pull of the Moon* won the 2015 Victoria Book Prize and was a *Globe and Mail* Top 100 book. She lives in Victoria, BC, Canada.



**JUNE 4, 2019**

\$22 CDN / \$18 US

Fiction / Short stories

Paperback | 5.5 × 8.5 | 224 pages

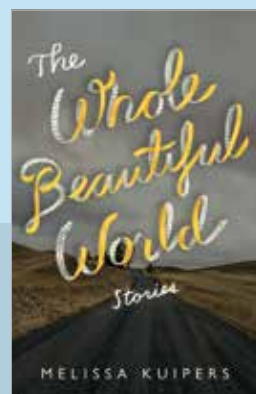
ISBN: 978-1-92736-682-0

ALSO AVAILABLE:

***The Whole Beautiful World***

ISBN: 978-1-92736-662-2

\$22 CDN/\$18 US





# From Bear Rock Mountain

THE LIFE AND TIMES OF A DENE  
RESIDENTIAL SCHOOL SURVIVOR

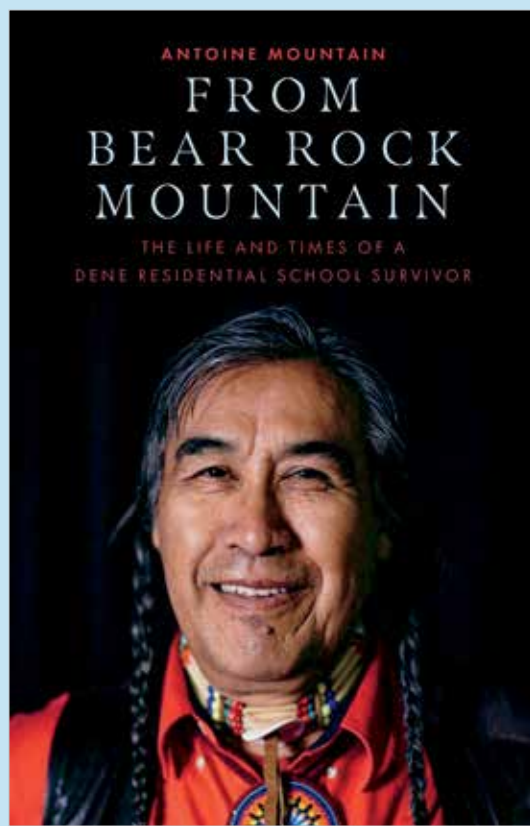
**ANTOINE MOUNTAIN**

**In this poetic, poignant memoir, Dene artist and social activist Antoine Mountain paints an unforgettable picture of his journey from residential school to art school—and his path to healing.**

In 1949, Antoine Mountain was born on the land near Radelie Koe (Fort Good Hope) in the Northwest Territories, just south of the Arctic Circle. At the tender age of seven, he was stolen from his home and sent to a residential school—run by the Roman Catholic Church in collusion with the Government of Canada—three hundred kilometres away. Over the next twelve years, the three residential schools Mountain was forced to attend systematically worked to erase his language and culture, the very roots of his identity.

While reconnecting to that which had been taken from him, he had a disturbing and painful revelation of the bitter depths of colonialism and its legacy of cultural genocide. Canada has its own holocaust, Mountain argues. As a celebrated artist and social activist today, Mountain shares this moving, personal story of healing and the reclamation of his Dene identity.

**ANTOINE MOUNTAIN** has received many awards for his art, community activism, and athletic achievement—including the nwt Premier's Award, the Queen's Jubilee Commemorative Medal, and the Tom Longboat Award—and was recently inducted in the nwt Sport Hall of Fame. Mountain is currently completing a PhD in Indigenous Studies at Trent University in Peterborough, ON, Canada but will always call Radelie Koe (Fort Good Hope), nwt home. Find out more at [amountainarts.com](http://amountainarts.com).



**MAY 21, 2019**

\$30 CDN / US

Memoir / Indigenous

Hardcover | 5.5 × 8.5 | 272 pages

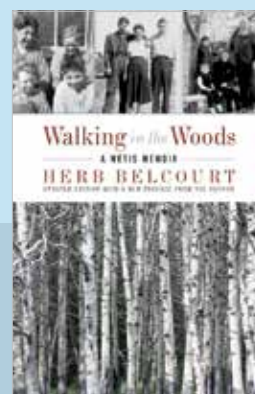
ISBN: 978-1-92736-680-6

ALSO AVAILABLE:

***Walking in the Woods***

ISBN: 978-1-92736-671-4

\$22 CDN / US



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“Antoine Mountain’s book is braided with the northern spirit, and is a treasure of knowledge for the world. I am in awe of his talent, his humility, his gifts. This is a life’s work, and it is spectacular! Mahsi cho, Antoine!”

—Richard Van Camp, Tlicho Dene, and author of *The Lesser Blessed* and *We Sang You Home*

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## 2018 AWARD WINNERS



# All the Sweet Things

| Gold Winner of the 2018 Taste Canada Award for Single-Subject Cookbook

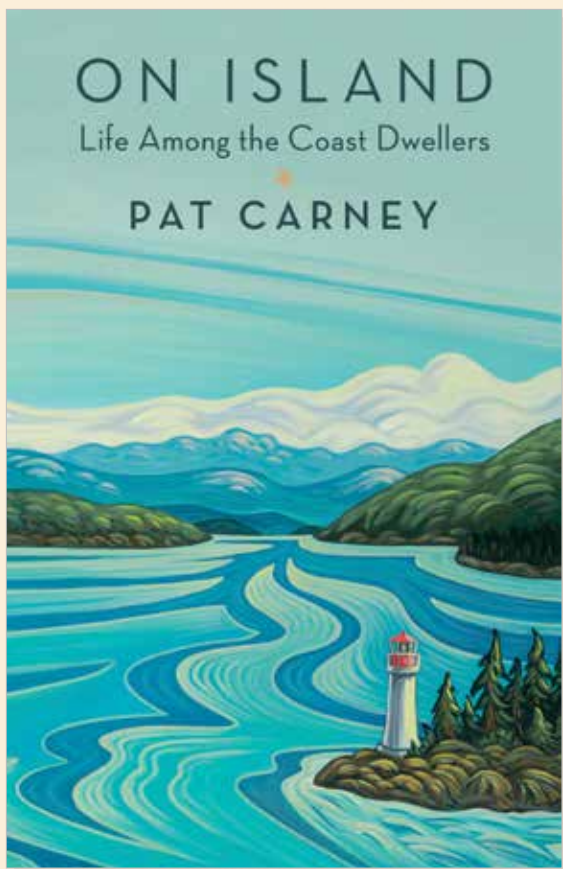
**RENÉE KOHLMAN**

“The Saskatoon native knows what she’s doing . . . everything I made from it was spectacular.”

—*Globe and Mail*

\$39.95 HC | 978-1-77151-204-6 | 8 x 10, 320 pages

## 2018 AWARD WINNERS



### On Island

| Winner of the 2018 Bill Duthie Booksellers' Choice Award at the BC Book Prizes

**PAT CARNEY**

“These stories are gems . . . [Carney] nailed it.”

—Shelagh Rogers, *cbc's The Next Chapter*

\$21.95 PB | 978-1-77151-210-7 | 5.5 × 8.5, 304 pages

*Spring 2019 Catalogue*



# KEY BACKLIST



## *Syria*

Emily Lyocopolus & DL Acken

\$22.00 HC | 9781771512817 | 6.5 x 8, 168 pgs



## *Greece*

Emily Lyocopolus & DL Acken

\$22.00 HC | 9781771512343 | 6.5 x 8, 168 pgs



## *Spain*

Emily Lyocopolus & DL Acken

\$22.00 HC | 9781771512497 | 6.5 x 8, 168 pgs



## *Italy*

Emily Lyocopolus & DL Acken

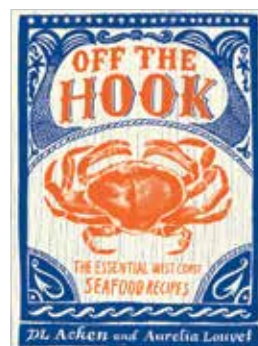
\$22.00 HC | 9781771512251 | 6.5 x 8, 168 pgs



## *First, We Brunch*

Rebecca Wellman

\$30.00 PB | 9781771512312 | 7.5 x 9, 304 pgs



## *Off the Hook*

DL Acken & Aurelia Louvet

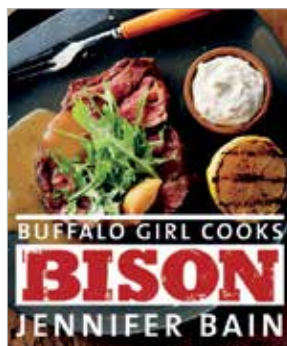
\$22.00 PB | 9781771512763 | 6 x 8, 168 pgs



## *The Butcher, the Baker, the Wine and Cheese Maker by the Sea*

Jennifer Schell

\$29.95 PB | 9781771511506 | 8 x 10, 232 pgs



## *Buffalo Girl Cooks Bison*

Jennifer Bain

\$29.95 PB | 9781771510752 | 7.5 x 9, 252 pgs



## *The Waste Not, Want Not Cookbook*

Cinda Chavich

\$29.95 PB | 9781771511117 | 8.25 in x 10.5 in, 288 pgs

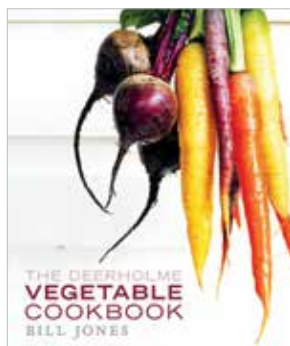
## KEY BACKLIST



### *Out of the Orchard*

Julie Van Rosendaal

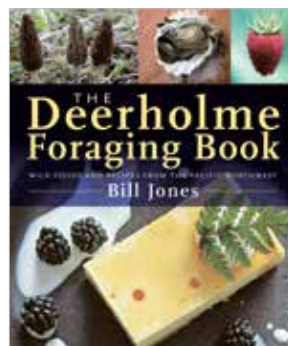
\$29.95 PB | 9781771511322 | 7.5 x 9, 216 pgs



### *The Deerholme Vegetable Cookbook*

Bill Jones

\$29.95 PB | 9781771511292 | 7.5 x 9, 276 pgs

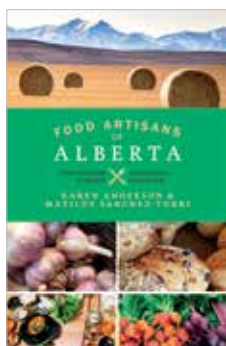


### *The Deerholme Foraging Cookbook*

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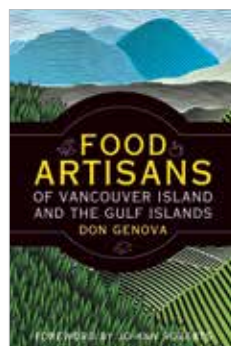
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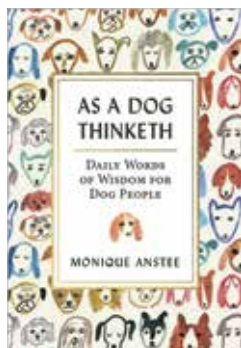
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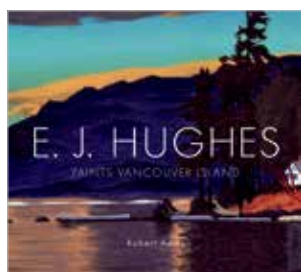


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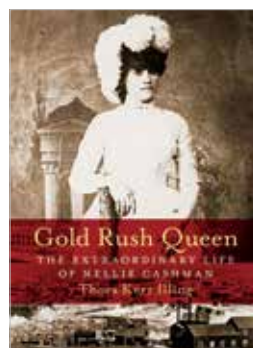
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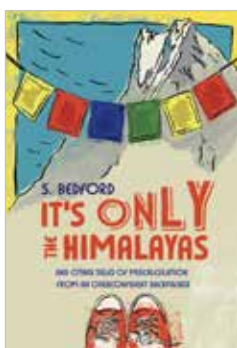
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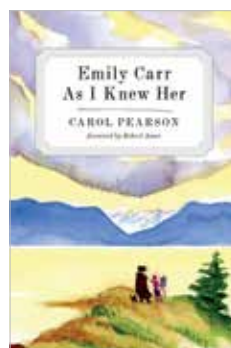
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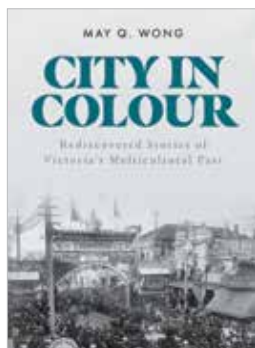
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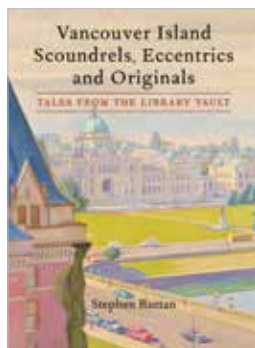
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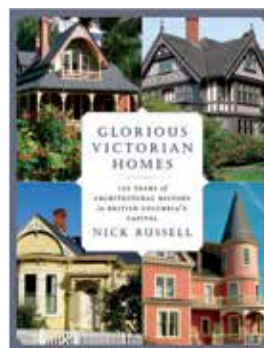
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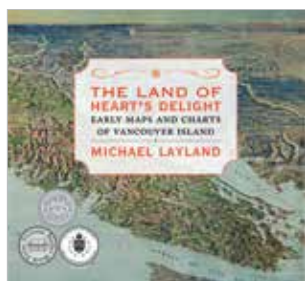
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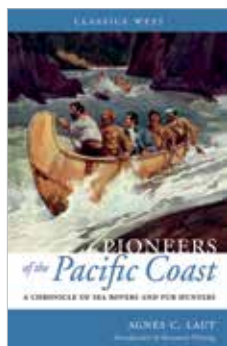
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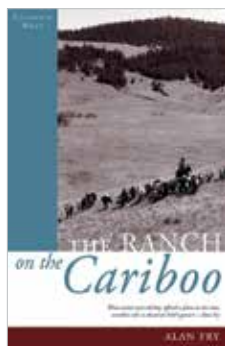
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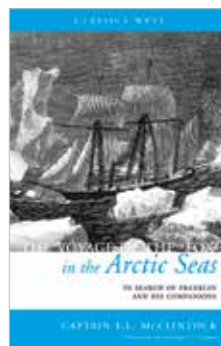
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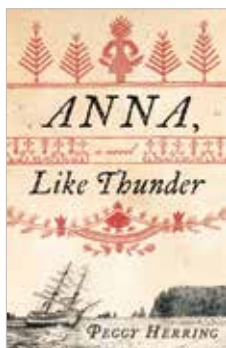


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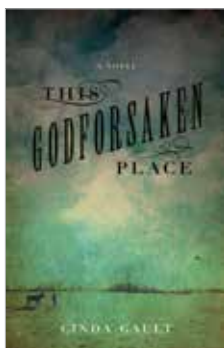
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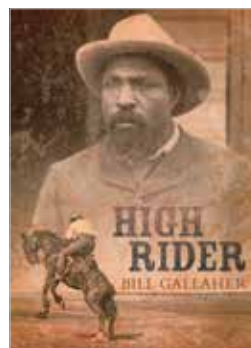
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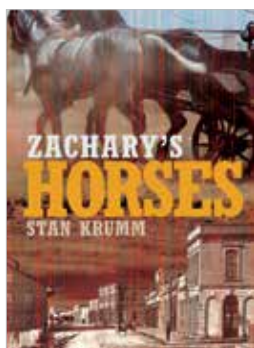
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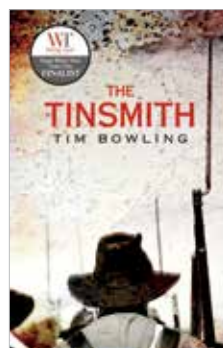
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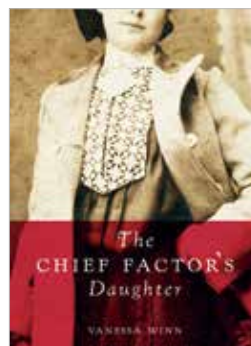
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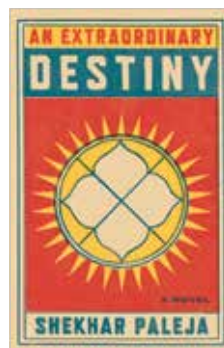
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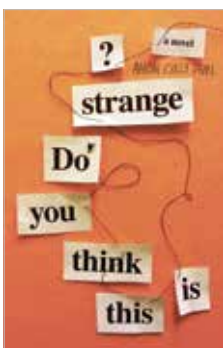
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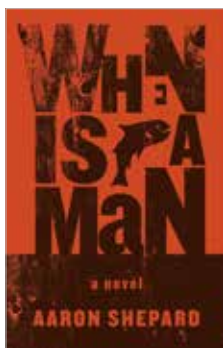
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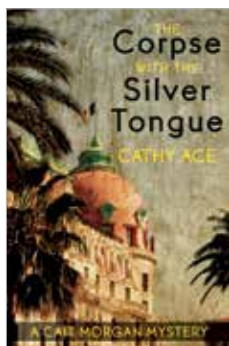


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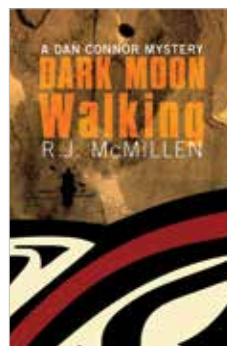
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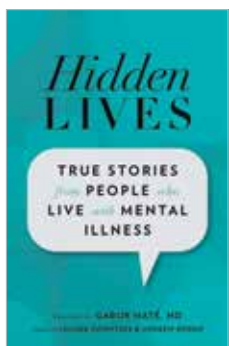


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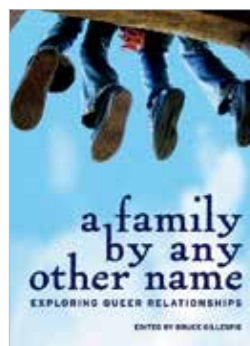
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